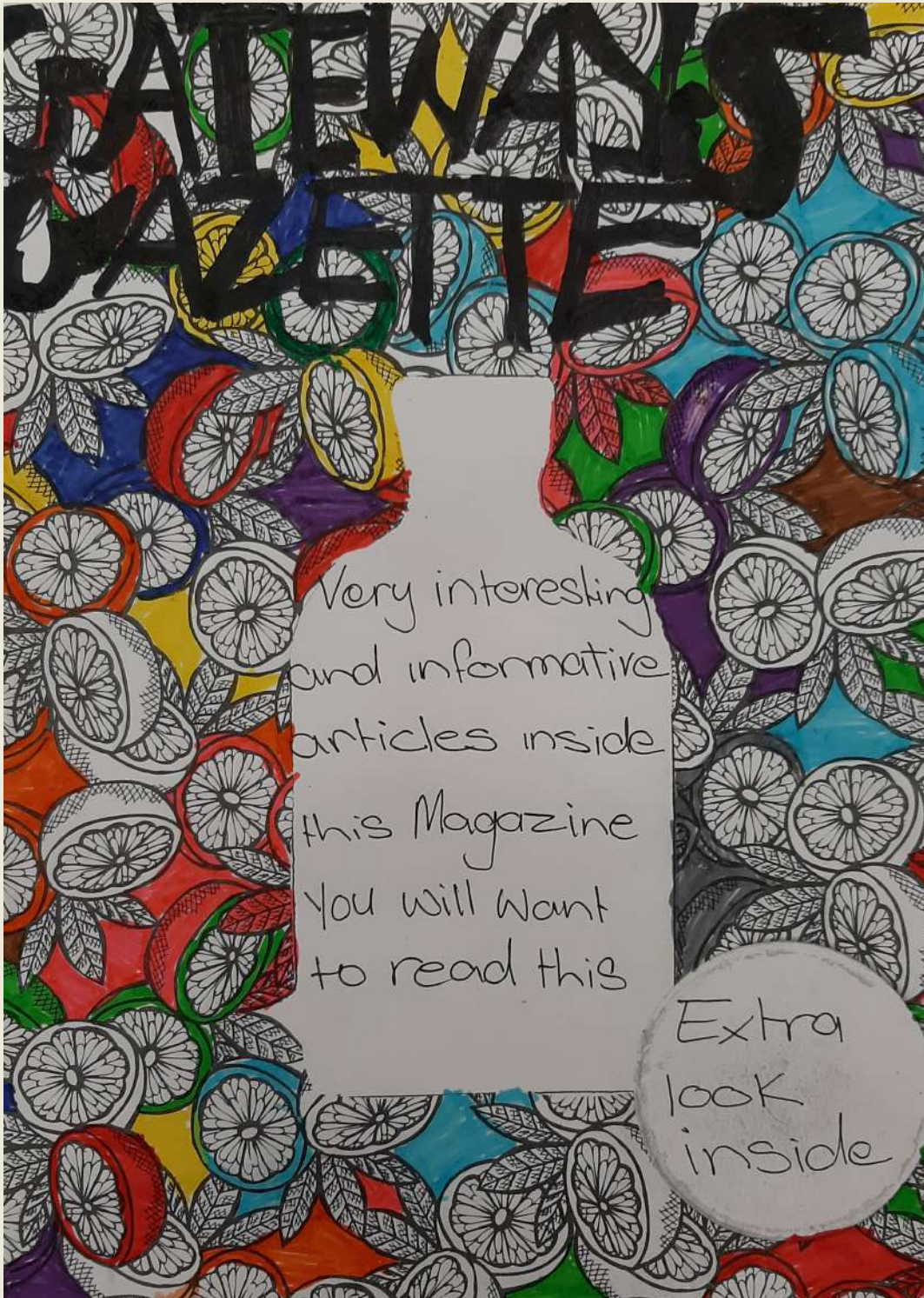


Jiorden Mavric
Yanina Vandenberg
Vikki Pettican

NO
03

GATEWAYS

spring
2022



GAZETTE

The Gateways Gazette Team

Yanina

Jiorden

Vikki



focusing
on food, travel
& exploring

Food Review

Highpoint Shopping Centre



Yanina went to Dumplings Plus. I got sweet and sour pork with rice. The price is going up which is annoying. The pork was really chewy. The rice was cooked perfectly. Quick service. 4 stars



Jiorden went to Nene Chicken and got the Frickin hot chicken wings and chips. It was like an inferno in my mouth. I over compensated. I couldn't finish my chicken as it was too spicy. 3 stars



Highpoint has quite a few food choices as there are 3 different food courts. We chose to go to the food court near to Strike bowling where the group decided to eat from Nene Chicken and Dumpling Plus.





During week one of the term, the group starts planning for the term for what they want the magazine to be about, what types of things we can feature and what content to create. After spending time researching and planning the group decided to head to highpoint shopping centre for food and to play some pool as a reward for coming up with some great ideas for this term.

We went into strike bowling and used the pool tables there. We played 5 games. Vikki won 2, Jiorden won 2 and Yanina won 1. It was a great way to spend the afternoon together after having a short break after the school holidays, especially after Jiorden just landing the previous afternoon from his holidays to the United States.



Day out Exploring



As a group we planned our trip to Brighton beach boxes leaving from the Footscray office. We used the PTV app which told us what public transport to catch and at what time. We caught a bus to Footscray station then a train to Flinders Street.

Here we changed trains and caught the Sandringham line to Middle Brighton. After we left the train we walked for 20 minutes to get to the beach. Luckily the day was sunny and warm. We took a stroll along the beach admiring the different coloured beach

boxes and finding cool shells in the sand. After spending a bit of time here, we strolled back to the main street of Middle Brighton where we chose a place to eat.

"Melbourne has some great things to see. There is so much choice and many places are easy to get to by using public transport"





I ordered fish and chips. Nothing to complain about. The coleslaw wasn't edible. They were chippy chips. Really good, slightly over salted. The fish was what I was expecting. 4 stars



I ordered a Chicken Parma. You can't go wrong with a chicken parma and chips. It was a really good parma. I really liked it. 4 stars





Brighton Beach boxes with their colourful designs!

We picked a really good pub where we sat in the courtyard and it had really big pink blossom trees. After our lunch we got on the train at Middle Brighton back to Flinders Street and the changing trains to get onto the Williamstown line, getting off at Footscray. From Footscray station the tram arrived first which we took a 5 minute tram ride back to the office. A great day out.



Jiorden's American Trip



First off, I would like to talk about the my travel time and what different connections I took to get to my destination in the United States. I started my journey at Melbourne Airport where I boarded Qantas A330 to Sydney which took around one hour. After I landed, I took the Qantas transfer bus from the domestic terminal to the international where I had to go through security customs then I exchanged extra money to spend in America. Finally, I boarded my flight QF11 to Los Angeles California on board Qantas A380 that took roughly 13 hours 45 minutes. When I landed

at LA I got off the plane and was blasted with hot air between the way bridge and the terminal as that day it was quite warm in LA as the country was nearly at the end of summer. While at Los Angeles international airport I had to walk to customs where I entered the line to see a US customs officer. Upon seeing the US customs officer, he took my passport to have a look at it and he got me to scan my fingerprints and hand he also asked me what the purpose of my stay was including how much money I have brought to the country as it is illegal to carry more

than \$10,000 USD into the United States. After all that I went down the escalator to grab my suitcase from baggage claim ten where I rushed to the American Airlines Terminal along the way I got to a place where my suitcase was scanned and placed into bay one for to go on American Airlines. Arriving the AA terminal, I went through security where they checked my ID in that case was my Australian passport then had taken my shoes off and took everything out of my pockets and took my bag off and placed all on the belt for screening. I walked through the

body scanner and out the other side and had to collect my backpack and my shoes and other items that I put through for screening. After all that I went to look for my flight to Charlotte North Carolina on the arrival and departure board which was the third flight overall and second last to get to Dayton Ohio. While I was waiting, I killed time by going to the bathroom and going to the AA American Airlines Terminal News Agency to grab a drink and have a look at the overpriced merchandise such as Hollywood Keychains and Magnets. I did not want to pay \$10 for a

magnet nor did I want to pay \$12 for a keychain and mind you that was in American dollars so the conversion rate to AUD would have made them more expensive. Time came to board my flight AA 1871 to Charlotte North Carolina which took about 4 hours 40 minutes airtime to touchdown on AA A321. There was no need to collect bags at Charlotte International as the bags went on from LAX to Dayton Ohio except I needed to collect my carryon bag from the overhead bin. After disembarking the plane, I headed to the food court at have some dinner and I ended up

having a burrito at a Mexican fast-food outlet in the main food court at Charlotte International. When finished I went for a walk to have a look and I stumbled across a bar and ended up having a couple of beers at Hissho Sushi First in Flight Bar. After I headed down to the flight lounge to board AA5396 to Dayton Ohio which was the last flight in a series of flights to get to my final destination. The flight time to Dayton Ohio was around 1 hour 35 minutes on board American Eagle Mitsubishi CRJ-900LR. Arriving at my final destination I picked up

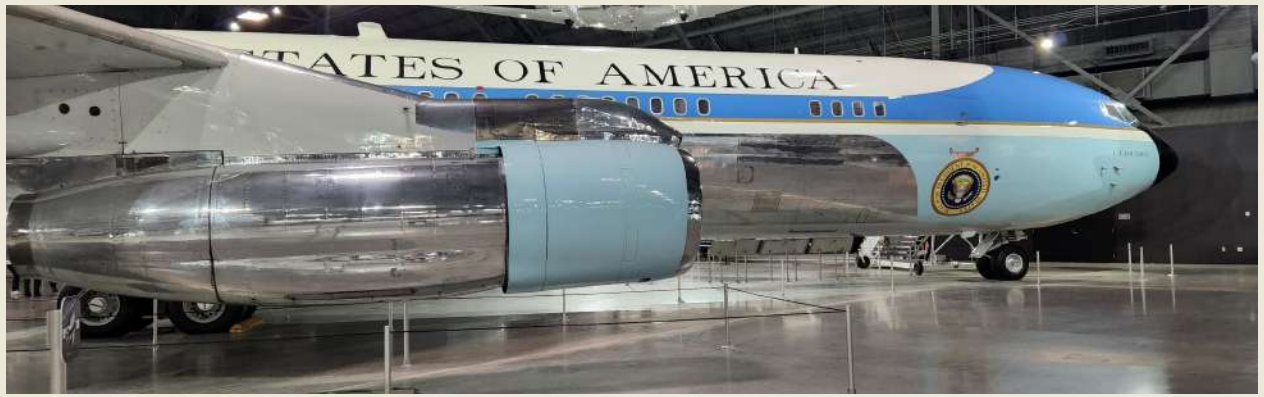


my bags and caught a taxi to Springfield Ohio and if you are wondering it has no link to the Simpsons as Matt Groening came out recently and said that The Simpsons are based on Springfield Oregon. The hotel that I stayed at was Courtyard by Marriott Springfield Downtown which was located at 100 Street Fountain Ave Springfield OH 45502 United States. I was situated on the 5th floor on the very top of the hotel and right next to the hotel was a railroad line operated by NS Norfolk Southern which had trains pass by at various time of the day and night so if you were in the hotel room or around you could see and hear the freight trains go pass but the trains never sounded their horns as the area had a noise curfew and was a no horn zone which basically stuck around all the time considering it was only meant for the wee hours of the night and the trains would not be allowed to sound the horn and had to pass by with the engine a low revs to reduce the amount of noise so that the folk of the town could get their sleep. In the morning I headed down the stairs and went to have a buffet

breakfast which included scrambled eggs, crispy bacon, potatoes, a couple sausage patties one glass of orange juice and one glass of Pepsi. During breakfast I sat down at the table with some friends, Eric, Jay, John and a few others and we discussed our plans for the day. We decided that we would drive up the highway to Dayton to visit the Dayton Air and Space Museum which featured some of the oldest planes built including war plane, presidential planes, rockets and many other things of which you could think. After visiting the Dayton Air and Space Museum we drove to an all you can eat at restaurant in Dayton for lunch and the place was called China Garden Buffet and I would say that the food was average but it was ok as it was something to eat since we were all hungry. We finished lunch and headed back to the hotel where some of the others went to the function room to set up for Tandy Assembly 2022 which is an annual vintage computer convention. My dad who also travelled with me to the United States which I didn't mention much about was

tasked with being a keynote speaker, trivia host and auctioneer at Tandy Assembly 2022. I and my dad shared a hotel together at the Marriott in Springfield which had really good air-con, a TV of course a reasonable bathroom and two double beds compete with a wardrobe, so it was comfortable and neat. Getting back to me for a moment, so after I got back to the hotel I went upstairs had a nap for around 40 minutes then I got an Uber to Game Cycle where brought some records from Elton John to Bachman Turner Overdrive and Deep purple. After I went to Game Cycle I went to Walmart and I brought some goodies to bring





back for friends and family including my girlfriend like stuff from candy to perfume and a handbag but one thing I found at Walmart was the fact that they had a lot of stock issues which was annoying but I put up with it because it couldn't be helped at the time well more so it took me like 3 to 4 visits to Walmart to get what I needed to bring back because of the stock issues. When I was finished at Walmart I went back to the hotel and into the function room where my dad hosted the trivia competition, and it was incredibly fun too and it was live streamed on YouTube. After that a few of us headed to the bistro for dinner where I had steak and veg which was very tasty, upon finishing my food I stayed around to have a chat with some others that had dinner with me and my dad after that I went to the bar to have a few

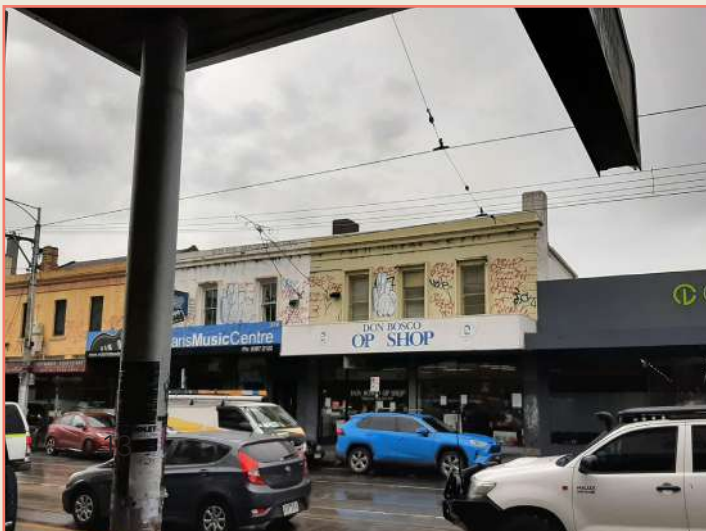
drinks, I had 3 beers and 4 shots of Canadian Royal whiskey which to me was really smooth. When I finished at the bar I went up to bed for the night. The next morning, I woke up had breakfast in the bistro and then I had a look inside the function room that was playing host to Tandy Assembly 2022. One of my tasks at Tandy Assembly was sitting at the front, collecting admission fees, and selling TA shirts and hoodies which was pretty fun. For lunch I went across the road to a food market where I brought a burger, fries and drink to take back to the function room to eat and it tasted good. For dinner for all the vendors and people who were showcasing had dinner provided by the hotel in a different room with food such as pasta, salad, bread and other things. Afterwards I went to the bar again and I had a few drinks which

consisted of Canadian Royal 2 double shots and one single shot. Second last day in The United States I woke up and headed downstairs and across the road and by the railway track to see if there was a train coming and about 5 minutes later, I saw a train and I filmed it going past with my phone. My trip to America was very short but I had a great time and I hope to go back and visit again.



Carrier	QANTAS AIRWAYS	
From	SYDNEY	To LOS ANGELES
	Terminal 1	Terminal B
Service Information		
	Gate	ETKT

Op shops in the suburbs



Ascot Vale & Brunswick



This term we are focusing on doing activities and exploring our community. We decided to explore op shops in different suburbs. We started with Vinnies in Ascot Vale. Then we headed to Sydney Road in Brunswick. Unfortunately, Savers on Sydney Road is closed for renovations but we look forward to visiting when complete. The group drove over to Sydney Road as the weather was really bad that day. There was a wide range of opportunities and a good range of op shops. Jiorden found some records and Yanina found some books by Andy Griffiths. We also found out that some op shops support local communities and projects such as Don Bosco Youth Centre which offers a variety of sporting, social and recreational programs for young people in the inner northern suburbs.

Food Review

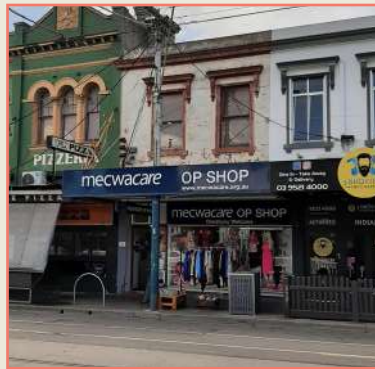


I had fish and a potato cake. The fish was good. It was good to grab something quick and easy whilst exploring the area. It was really raining outside so was good to have something warm and tasty.
3 stars



I had a burrito with lamb, rice and beans, corn, lettuce, onions and garlic sauce. It was really good.
4 stars





We met at Footscray train station and caught the train together switching at Richmond station to get onto the Sandringham line to Windsor station. There was a fancy sculpture outside Windsor train station which was to remind you of food, sleep, to think but also to love and live. As soon as we walked onto Chapel street there were plenty of Opshops in sight. Starting with Mecwacare where I found some good finds. We walked into a coffee shop who produced their own coffee and coffee bags where I tried a double salted liquorice. "I know salt is good for you but not that much salt" It tasted a bit like vegemite.

Windsor & Prahran



Betty's Burgers



The place was nice and cosy. The tables were firm and didn't wobble. The seats were comfy. I really like the colours and the pin up girl posters that they had over the walls. There were lots of hanging plants from the ceiling. The packaging that the food and drink came in was really pretty and had their logo on. It felt like you were having a takeaway when you were dining in. It was a good way to remember their name. The food was good, nice and fresh. The bun was soft and the chips were slightly salty which I like. I had the Classic burger, French fries and a chocolate shake. 4 stars

City Weekend Camp Getaway

The city camp ran from Friday to Sunday where the group stayed in a hotel located in the city. We arrived, unpacked and set out to explore The District Docklands having pizza for dinner then onto bowling and arcades at Archies Electric Circus which was really fun. On Saturday we got up and caught the tram into Bourke Street Mall to look at the Myer Christmas window and all the Christmas lights. We looked at the Christmas tree in Federation square and then went for a walk down some of the laneways where we sat down for a milkshake to cool off. The weather was very hot so in the afternoon we went and cooled down in the hotel pool and relaxed before heading out for dinner and a movie. Sunday was the last day, so we packed all our belongings and checked out of the hotel. We then headed to Williamstown where we took the ferry across to St Kilda where we enjoyed Fish and chips. Once we arrived back at Williamstown, we made one last stop to get an icecream before we needed to head home.



exploring the city
in the sunshine

“I love to go on camps as it helps with my independence. I get to meet up with friends for a couple of days and make new ones. I get to go to new places that I might not have been to before. ”



Tootgarook Weekend Camp Getaway



We went on camp 28th October to 30th October to Tootgarook with Gateways group. Friday night we drove to a lovely pub for dinner. I think I had Fish and chips. We stayed at a house which was like a home away from home but sharing a room with two other people. I helped someone unwrap their sleeping bag.



I really liked going on the cable car as it went very slowly downhill. We also went to the movies and watched the Woman King and had a walk around a sculpture park.



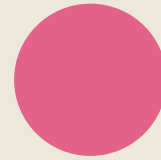
Meet our Gateways Ambassadors

Yanina

Phillip

Darren

Ibby



The Gateways Ambassadors started in early 2022 and are a group of adult participants who come together with Gateways management to provide feedback on how our services are going and make suggestions for improvement. They also act as a conduit between their peers and management by talking to others about their experiences and feeding that back at their quarterly meetings.

The ambassadors



Hi, I am Darren and I am a Gateways ambassador. I like going out, going on train trips and socialising. I think the ambassador program is a great idea to give my ideas, meet new people and work together as a team. It makes me happy to be apart of it.



I am Phillip. The ambassador program gives me a chance to speak up about what I would like to do in the future. I am interested in watching movies, playing footy and swimming. I just got chosen to be a representative and go and play football in Queensland which was a great experience and I really enjoyed myself.



My name is Yanina and I enjoy coming to Gateways activities, going bowling and watching Home and Away. Mandy introduced me to the ambassador program and I was interested to have a say in how programs are run, give suggestions like what to do in an emergency and to test new ideas first.

Ibby is also part of the ambassador program but couldn't attend today.



Food Review

Nando's

Nandos started in South Africa by a portuguese immigrant who named the chain after his son "Fernando". They grow their own unique type of African Bird's Eye Chillies on farms across Mozambique, Malawi, Zimbabwe and South Africa. These special chillies grow with their tips pointing towards the sun. Each year, farmers handpick over 1 billion chillies to provide Nando's with the very best produce for the PERi-PERi sauce.



I had half chicken and chips with extra hot piri piri sauce. I added Nandos extra-extra hot sauce to the side. Top notch food. The chicken was really good. Flame grilled chicken is the best. I added the extra extra hot sauce to the side so I could dip my chicken and chips in. On the back of the bottle it says there is no hotter or higher honour than reaching the peak peri peri sauce which I did, It is made out of African Birds Eye Chilli. RIP my tongue. I might feel this tomorrow. 4 stars

Market Makers



Market Makers is a group that runs every Tuesday at Gateways. In the group we make items so we can sell them at a market at the end of term. I really enjoy this group as I like to use my hands to make things and be creative. I like to write, cook and make bath bombs. In the group we have made shower steamers, key rings and lanyards to sell at market on the 18th December.



Market Day

Cherry Lake Market

Altona

What a successful day for the Market Makers Team. This group has done so well in making and selling items throughout the term, with the grand finale being at the Cherry Lakes Market in Altona. The team had a very early start but the sun was shining and the Christmas spirit was in the air. Other members of the Gateways team came down to show their support and buy some last minute Christmas presents. We can't wait to see what Market Makers creates next. See you at the next market.





Christmas Section

What is Christmas?

Christmas is an event held every year originally marking the birth of Jesus Christ. It is now celebrated as a cultural holiday across the world. The date was chosen as it marks the winter solstice, a pagan festival. Christmas comes from the words 'Cristes Maesse' which is old English for 'Christ Mass'. This stands for a special mass to celebrate Jesus.



How to celebrate Christmas

1. Watching Christmas movies
2. Singing Christmas carols
3. Decorating Christmas tree
4. Giving gifts
5. Deck the halls (decorate your house)
6. Eating your favourite Christmas food



Yanina's Golden Rules of Christmas Shopping

1. Don't take children shopping with you. Use a babysitter if you can.
2. Eat before you go.
3. Shop by yourself to save time.
4. Save cash before you go shopping.
5. Write down deals before you go shopping e.g buy 2 get 3rd free
6. Write down shopping list before going shopping
7. Shop in January, June and November for discounts
8. Go window shopping before hand. Write down the shops you would like to buy from e.g market, Big W
9. Also a good idea to write an emergency Christmas list too e.g buy 2 get 3rd free and keep the extra gift or put it aside as a emergency present
10. You can keep gifts that you have received previously to regift.
11. Shop all year round for Christmas, looking out for deals but don't go overboard.
12. If you don't want to buy a gift, don't waste your cash.
13. If you have left over gifts after Christmas, you can donate them.





The Christmas Shop



Likes

1. Everything you need for Christmas
2. Big variety
3. Great novelty merch
4. Good present ideas
5. Buy products online
6. Friendly staff
7. Great Christmas trees

Dislikes

1. Some items are overpriced
2. No t-shirts
3. Shop doesn't open all year around
4. In general, Christmas can be a waste of money for some people and a pain to store xmas stuff after you have packed it all away.





Giving at Christmas



It's good to help the people who are in need. It can make you happy that you are doing something for others. It's good to work for your community and help people that need that extra support. We can encourage children to do their part for charities and raising money for them. Charity will teach nobleness and selfishness. Charity gives opportunities to help many people. By giving to charity, we encourage other people to do good deeds. By giving to charity, you make other people happy.



Christmas Giving

Christmas Lunch at Gateways Footscray





**Happy Birthday
Yanina!**



Congratulations

Congratulations to the Gateways Gazette who were nominated for the Jean Simpson Award for demonstrating excellence, commitment & contribution to the Interchange Community.



**HAPPY
HOLIDAYS
FROM US**

Jiorden Mavric

Yanina Vandenberg

Vikki Pettican