

Prime Movers

Brimbank



TERM 4 PROGRAM

- ✓ Discover and experience new things!
- ✓ Work towards your individual goals in a community setting

HOME PICKUP
FOR ALL
ACTIVITIES
INCLUDED

ACTIVITIES



Tesselaar Tulip Festival

Enjoy some rocking tunes among the blooms

Location: Silvan

Time: 10AM-4.00PM

Date: 6/10/2023

Cost: \$30

What to bring: A packed lunch, hat, pension/seniors card



Melton Botanic Gardens and Lunch

Take a stroll around the gardens then head to the Country Club for lunch

Location: Melton

Time: 10.00 AM-3.00 PM

Date: 13/10/2023

Cost: \$25

What to bring: Money to purchase lunch, pension/seniors card



Scenic Drive & Pub Lunch

Enjoy a drive then lunch with friends in a traditional country pub

Location: Ballarat

Time: 10.00 AM -3.00PM

Date: 20/10/2023

Cost: \$25

What to bring: Money to purchase lunch, pension/seniors card



Braybrook Hotel

Head to Braybrook Hotel for an international buffet

Location: Braybrook

Time: 10.00 AM -3.00PM

Date: 27/10/2023

Cost: \$25

What to bring: Money to purchase lunch, pension/seniors card



Morning Melodies

Sing along with Arnie the One Man Show

Location: Preston

Time: 10.00 AM -3.00PM

Date: 3/11/2023

Cost: \$20.00

What to bring: Lunch or money to purchase, pension/seniors card



IMAX Cinema & Brunetti's

Watch a movie then head to iconic cafe Brunetti's for lunch

Location: Carlton

Time: 10.00 AM- 3.00 PM

Date: 10/11/2023

Cost: \$30

What to bring: Money to purchase lunch, pension/seniors card

ACTIVITIES



Bowling & Lunch

Enjoy some friendly competition, then lunch at Mac's Hotel in Melton

Location: Watergardens

Time: 10.00 AM-3.00 PM

Date: 17/11/2023

Cost: \$30

What to bring: Money to purchase lunch, pension/seniors card



Shrine of Remembrance

Pay our respects to the fallen and have a cafe lunch

Location: Melbourne

Time: 10.00 AM-3.00 PM

Date: 24/11/2023

Cost: \$30

What to bring: Money to purchase lunch, pension/seniors card



Lawn Bowls & Lunch

Play a relaxed game of lawn bowls & dine at the bistro.

Location: Deer Park

Time: 10.00 AM -3.00PM

Date: 1/12/2023

Cost: \$30

What to bring: Money to purchase lunch, pension/seniors card



Fish & Chips in Geelong

Take a trip to Geelong to enjoy lunch by the bay

Location: Geelong

Time: 10AM-3.00PM

Date: 8/12/2023

Cost: \$20

What to bring: Money to purchase lunch, pension/seniors card



Morning Melodies

Get into the festive spirit with a Christmas singalong

Location: Preston

Time: 10AM-3.00PM

Date: 15/12/2023

Cost: \$20

What to bring: Lunch or money to purchase, pension/seniors card



Christmas Party

Celebrate another year of fun & friends

Location: TBC

Time: 10AM-3.00PM

Date: 22/12/2023

Cost: \$20

What to bring: Money to purchase lunch, pension/seniors card

HOW TO JOIN OUR PRIME MOVERS PROGRAM

THERE ARE 3 WAYS YOU CAN CHOOSE TO EXPRESS YOUR INTEREST:

1. Email respite@gateways.com.au,
2. Call 9396 1111 and select your activities over the phone, or...
3. You can also register with the link below:

[Register for activities here](#)

If you would like to access our Prime Movers programs but are not currently registered with Gateways Support Services, an eligibility and intake process may apply. Referrals are to be made through the Federal Government's MY Aged Care portal. www.myagedcare.gov.au

Gateways Support Services programs for people who are frail aged or have dementia are funded by the Department of Social Services through the Commonwealth Home Support Program.

**Registered
NDIS
Provider**

Gateways Support Services is an NDIS registered and quality accredited provider of programs and services supporting people with autism, intellectual disabilities and complex behaviours and their families.

Our services include therapy, recreation and camps, individual support and respite, plan management, support coordination and parent support.

Contact your nearest office to find out how we can help.



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Footscray, VIC 3011
03 9396 1111

Werribee
3 Princes Highway
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