

Prime Movers

Wyndham



TERM 4 PROGRAM

- ✓ Discover and experience new things!
- ✓ Work towards your individual goals in a community setting

HOME PICKUP
FOR ALL
ACTIVITIES
INCLUDED

ACTIVITIES



Beechworth Bakery

Take a country drive to Ballarat and enjoy lunch at the Beechworth

Bakery

Location: Ballarat

Time: 10.00 AM-3.00 PM

Date: 18/9/2023

Cost: Free

What to bring: Money to purchase lunch



Sun Theatre

Enjoy a movie at this ionic theatre.

Location: Yarraville

Time: 10.00

Date: 25/9/2023

Cost: \$14

What to bring: Lunch or money to purchase



Lawn Bowls & Lunch

Play a relaxed game of lawn bowls then lunch at Millers Inn.

Location: Altona

Time: 10.00 AM -3.00PM

Date: 2/10/2023

Cost: \$35

What to bring: Money to purchase lunch



Melton Country Club

Check out the shopping precinct at at Melton then head to the Country Club for lunch.

Location: Melton

Time: 10.00 AM -3.00PM

Date: 9/10/2023

Cost: \$20

What to bring: Money to purchase lunch



Morning Melodies

Sing along with

Adam Spicer

Location: Iramoo Community Centre

Time: 10.00 AM -3.00PM

Date: 16/10/2023

Cost: \$5

What to bring: Light lunch provided



Sun Theatre

Enjoy a movie at this ionic theatre.

Location: Yarraville

Time: 10.00

Date: 23/10/2023

Cost: \$14

What to bring: Lunch or money to purchase

ACTIVITIES



Brighton Beach

Check out the unique bathing boxes and enjoy lunch in a local cafe

Location: Brighton

Time: 10.00 AM -3.00PM

Date: 30/10/2023

Cost: Free

What to bring: Lunch or money to purchase



Moonee Valley

Racecourse

Celebrate Melbourne Cup with a Day at the Races

Location: Moonee Valley

Time: 10.00 AM -3.00PM

Date: 6/11/2023

Cost: \$25

What to bring: Money to purchase lunch



Coastal trip

Drive to Aireys Inlet to check out Split Point Lighthouse

Location: Aireys Inlet

Time: 10.00 AM -3.00PM

Date: 13/11/2023

Cost: Free

What to bring: Lunch or money to purchase



Bowling at Time Zone

Enjoy some friendly competition with a game of bowling.

Location: Hoppers Crossing

Time: 10.00 AM -3.00PM

Date: 20/11/2023

Cost: \$30

What to bring: Money to purchase lunch



Sun Theatre

Enjoy a movie at this ionic theatre.

Location: Yarraville

Time: 10.00

Date: 23/10/2023

Cost: \$14

What to bring: Lunch or money to purchase



Elwood Foreshore

Stroll along the foreshore and visit the surrounding area

Location: Elwood

Time: 10.00 AM -3.00PM

Date: 04/12/2023

Cost: Free

What to bring: Lunch or money to purchase

ACTIVITIES



Christmas Lunch

Celebrate Christmas with friends at

Hotel 520

Location: Tarneit

Time: 10.00 AM -3.00PM

Date: 11/12/2023

Cost: \$22

What to bring: Money to purchase
lunch



Coastal End of Year trip

Celebrate a year of fun and friendship

with a picnic in Geelong

Location: Geelong

Time: 10.00 AM -3.00PM

Date: 18/12/2023

Cost: Free

What to bring: A plate to share with
friends



HOW TO JOIN OUR PRIME MOVERS PROGRAM

THERE ARE 3 WAYS YOU CAN CHOOSE TO EXPRESS YOUR INTEREST:

1. Email respite@gateways.com.au,
2. Call 9396 1111 and select your activities over the phone, or...
3. You can also register with the link below:

[Register for activities here](#)

If you would like to access our Prime Movers programs but are not currently registered with Gateways Support Services, an eligibility and intake process may apply. Referrals are to be made through the Federal Government's MY Aged Care portal. www.myagedcare.gov.au

Gateways Support Services programs for people who are frail aged or have dementia are funded by the Department of Social Services through the Commonwealth Home Support Program.

**Registered
NDIS
Provider**

Gateways Support Services is an NDIS registered and quality accredited provider of programs and services supporting people with autism, intellectual disabilities and complex behaviours and their families.

Our services include therapy, recreation and camps, individual support and respite, plan management, support coordination and parent support.

Contact your nearest office to find out how we can help.



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77 Droop St
Footscray, VIC 3011
03 9396 1111

Werribee
3 Princes Highway
Werribee, VIC 3030
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