



Term 2 Recreation Programs

Adults | Barwon & Western Melbourne





Table of contents

Information pack	4
Regular sessions	7 - 10
May	12 - 14
June	16 - 18
July	20 - 21
Get in touch! Contact the team	22

Welcome to the Recreation Crew!

Our programs help you learn and practice everyday skills with friends and in the community.



Information pack

What to bring to my programs

Please label your items and keep them in your own backpack. This helps us return lost items to you!

Bring these to all activities:

- ★ Drink bottle
- ★ Backpack or bag
- ★ Sunscreen
- ★ Companion card
- ★ Packed meal and snack
- ★ Personal care items

You may also need:

- ★ MYKI card and money for food
- ★ Bathers and towel (for water activities)
- ★ Other items needed for the activity

Medication

Our Support Workers can help you with your medication during the program.

Please make sure:

- ★ You have provided Gateways with a GP-signed medication sheet
- ★ Any liquids or creams are in their original packaging with labels intact
- ★ Any tablets are in a Webster pack

Funding

If you have an NDIS plan, NDIS rates apply. These activities are covered under 'Core Supports' or 'Social and Community Participation.'

Support costs are taken from your NDIS plan. Out-of-pocket costs are separate.

Out-of-pocket costs and pre-booked activities

Some programs have extra costs, which depend on the activity. We keep these as low as possible.

Gateways pre-books some activities. If you cancel and we can't fill your spot, you may still need to pay the activity fee. Please give us as much notice as possible to avoid this.

Important update for recreation fees

NDIS no longer covers recreation activity fees. These must now be paid out of pocket. We have payment options available, please contact us for more information.

Pick up and drop off service

Transport to and from the program may be available at an extra cost to your NDIS plan. This depends on the program and support worker availability.

Please contact us to arrange transport support.

Running late to an activity?

If you are running late, please call us as soon as possible.

If we don't hear from you and it's more than 10 minutes past the departure time, the group will need to leave, and you may miss out on the session.

☆ 0488 666 856 - Weekend and afterhours

☆ 03 5221 2984 - Monday to Friday 8:30am - 4:30pm

Cancellations

If you cancel within 7 days of the program (including due to illness or COVID-19), you may still be charged for support, as per the NDIS price guide. The cost will depend on whether we can fill your spot.

Some out-of-pocket costs may apply if we can't find a replacement, no matter when you cancel.

Please make sure:

☆ Organising individual transport

☆ Changes requested after confirmations have been sent



Regular Sessions

Regular sessions

Adults

Barwon and Western Melbourne



Movie Night, Highpoint

Join us for dinner and the latest blockbusters at Highpoint Cinema.

Fortnightly starting

Tuesday 8 April

Pick up / drop off times and location

5.30pm / 9.00pm - Schnitz, Highpoint

Out of pocket cost

None

What to bring

Money for dinner and ticket

Companion card



Movie Night, Werribee

Join us for dinner and the latest blockbusters at Readings Cinema.

Fortnightly starting

Tuesday 15 April

Pick up / drop off times and location

5.30pm / 9.00pm - Millers Junction Cinema

Out of pocket cost

None

What to bring

Money for dinner and ticket

Companion card



Green to Gourmet, Geelong

Join us and EAT! Plan, cook, and enjoy meals with friends using home-grown herbs.

Weekly starting

Wednesday 16 April

Pick up / drop off times and location

4.30pm / 9.00pm - Gateways North Geelong

Out of pocket cost

\$15 per session

What to bring

Drink bottle

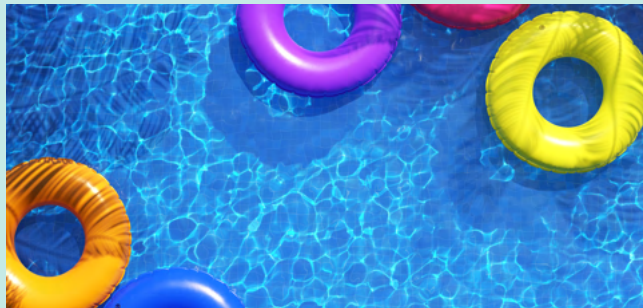
Container



Regular sessions

Adults

Barwon and Western Melbourne



Healthy Connections - Swim

Dive into a fun swimming session where we get active in the water and enjoy a tasty lunch.

Fortnightly starting

Wednesday 9 April

Pick up / drop off times and location

9.30am / 3.00pm - Gateways Werribee

Pick up / Drop off - Footscray on request

Out of pocket cost

\$25 per session

What to bring

Bathers	Towel
Water bottle	Snacks



Healthy Connections - Gym

Cook a tasty lunch and fuel up for a personal trainer-led gym session

Fortnightly starting

Wednesday 16 April

Pick up / drop off times and location

10.00am / 3.00pm - Gateways Werribee

Pick up / Drop off - Footscray on request

Out of pocket cost

\$25 per session

What to bring

Gym clothes	Towel
Water bottle	Snacks



Green to Gourmet - Werribee

Join us and EAT! Plan, cook, and enjoy meals with friends using home-grown herbs.

Fortnightly starting

Thursday 17 April

Pick up / drop off times and location

5.00pm / 9.00pm - Gateways Werribee

Out of pocket cost

\$15 per session

What to bring

Drink bottle
Container



Regular sessions

Adults

Barwon and Western Melbourne



Creative Connections

Each week we explore your community, take photos, and be creative!

Weekly starting

Friday 18 April

Pick up / drop off times and location

10.00am / 3.00pm - Gateways Werribee

10.00am / 3.00pm - Gateways Geelong

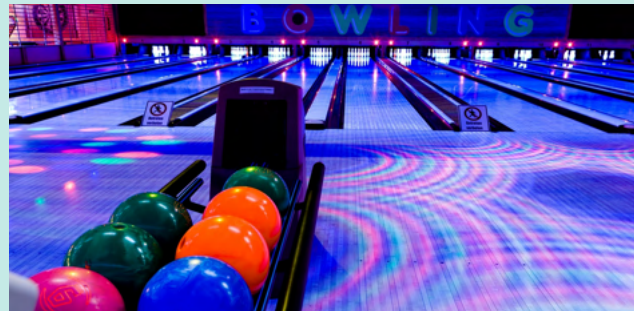
Pick up / Drop off - Footscray on request

Out of pocket cost

None

What to bring

Myki	Companion card
Money for activities	Packed lunch



Dinner and Bowling, Geelong

Start with a delicious meal at Waurin Ponds Shopping Centre, then enjoy a fun game of bowling

Weekly starting

Friday 18 April

Pick up / drop off times and location

4.30pm / 9.00pm - Gateways Geelong

Out of pocket cost

None

What to bring

Money for dinner and bowling	Companion card
	Socks



Train Trippers

Explore the community using public transport and enjoy fun activities with friends

Fortnightly starting

Saturday 26 April

Pick up / drop off times and location

9.00am / 3.00pm - North Geelong Train Station

10.00am / 3.00pm - Footscray Train Station

Out of pocket cost

None

What to bring

Myki	Packed lunch
Drink bottle	



Regular sessions

Adults

Barwon and Western Melbourne



Super Sundays Bowling

Join us for fun social bowling at Zone Watergardens!

Weekly starting

Sunday 11 April

Pick up / drop off times and location

2.00pm / 6.00pm - Zone Water Gardens

Pick up / Drop off - Werribee on request

Out of pocket cost

None

What to bring

Money for bowling and food Companion card





May

Social sessions

Adults

Barwon and Western Melbourne



Dinner & Dancing, Hotel 520

Great food, good vibes, and dancing all night at Hotel 520—where fun takes centre stage!

Date

Friday 2 May

Pick up / drop off times and location

6.00pm / 11.00pm - Gateways Werribee

Pick up / Drop off - Footscray on request

Out of pocket cost

None

What to bring

Money for dinner

Money for drinks



Ballarat Wildlife Park

Get up close with amazing wildlife and make unforgettable memories at Ballarat Wildlife Park.

Date

Saturday 3 May

Pick up / drop off times and location

9.30am / 3.00pm - Gateways North Geelong

9.00am / 3.30pm - Gateways Werribee

Out of pocket cost

\$30

What to bring

Packed lunch and snack Drink bottle

Enclosed shoes Hat



Drag Bingo

Join the fun at Pride of our Footscray for Drag Bingo—laughs and fabulous drag performances

Date

Friday 9 May

Pick up / drop off times and location

5.30pm / 10.30pm - Footscray Train Station

Pick up / Drop off - Werribee on request

Out of pocket cost

\$25

What to bring

Companion card

Money for dinner and drinks



Social sessions

Adults

Barwon and Western Melbourne



Trapt Escape Room

Step into adventure at Trapt Escape Room —solve puzzles, crack codes, and escape the ordinary.

Date

Friday 16 May

Pick up / drop off times and location

5.30pm / 11.00pm - Gateways Werribee

Pick up / Drop off - Footscray on request

Out of pocket cost

\$59

What to bring

Myki Companion card

Money for dinner and drinks



Train Ride & Lunch

Take a scenic train ride through Queenscliffe's stunning landscapes and enjoy a delicious lunch.

Date

Saturday 17 May

Pick up / drop off times and location

10.30am / 3.30pm - Gateways Geelong

9.30am / 4.00pm - Gateways Werribee

Pick up / Drop off - Footscray on request

Out of pocket cost

\$35

What to bring

Companion card

Hat

Sunscreen

Packed lunch and snack



The Vaudeville Review

Experience a night of dazzling cabaret, comedy, and sultry burlesque at The Vaudeville Review!

Date

Friday 23 May

Pick up / drop off times and location

6.00pm / 11.30pm - Footscray Train Station

Pick up / Drop off - Werribee on request

Out of pocket cost

\$70

What to bring

Companion card Myki

Money for dinner and drinks



Social sessions

Adults

Barwon and Western Melbourne



Winter Masquerade Dance

Put on your mask and dance the night away at the Winter Masquerade Dance.

Date

Friday 30 May

Pick up / drop off times and location

6.00pm / 11.00pm - Gateways Werribee

Pick up / Drop off - Footscray on request

Out of pocket cost

\$25

What to bring

Dancing shoes



Lego Star Wars Exhibition

Immerse yourself in the galaxy's first LEGO Star Wars exhibition—epic builds and hands-on fun

Date

Saturday 31 May

Pick up / drop off times and location

10.30am / 3.30pm - Gateways Geelong

9.30am / 4.00pm - Gateways Werribee

10.30am / 3.00pm - Footscray Train Station

Out of pocket cost

\$38

What to bring

Companion card

Myki

Spending money

Packed lunch and snack





June

Social sessions

Adults

Barwon and Western Melbourne



Dinner & Dancing at Altona

Great food, music, and dancing at Altona Sports Club—good vibes guaranteed.

Date

Friday 6 June

Pick up / drop off times and location

6.00pm / 11.00pm - Gateways Werribee

6.00 / 11.00 - Footscray

Out of pocket cost

None

What to bring

Money for dinner and drinks



Tarrawarra Museum of Art

Explore modern art in the stunning Yarra Valley at TarraWarra Museum of Art!

Date

Saturday 7 June

Pick up / drop off times and location

9.00am / 5.00pm - Gateways Geelong

10.00am / 4.00pm - Gateways Werribee

10.30am / 3.30pm - Footscray Train Station

Out of pocket cost

To be confirmed

What to bring

Companion card

Packed lunch and snacks



Planetarium & Grazeland

Stargaze at Planetarium Nights and savor delicious eats at Grazeland—fun, food and stars!

Date

Friday 13 June

Pick up / drop off times and location

6.00pm / 11.00pm - Gateways Werribee

6.00pm / 11.00pm - Footscray

Out of pocket cost

\$45

What to bring

Companion card

Money for dinner



Social sessions

Adults

Barwon and Western Melbourne



AFL MCG Cats Vs Essendon

Catch all the action as the Cats take on Essendon at the iconic MCG.

Date

Saturday 14 June

Pick up / drop off times and location

2.30pm / 9.00pm - Gateways North Geelong

3.30pm / 9.00pm - Footscray Train Station

Out of pocket cost

\$45

What to bring

Companion card Myki

Food or money to purchase



Comedy at Coopers Inn

Enjoy a night of laughs at Coopers Inn, Melbourne's iconic pub.

Date

Friday 20 June

Pick up / drop off times and location

6.00pm / 11.00pm - Footscray Train Station

Pick up / Drop off - Werribee on request

Out of pocket cost

To be confirmed

What to bring

Myki Companion card

Money for dinner and drinks



George Michael Tribute Show

Celebrate the music of George Michael with Fastlove—a tribute show featuring all the hits!

Date

Friday 27 June

Pick up / drop off times and location

5.30pm / 11.00pm - Footscray Train Station

Pick up / Drop off - Werribee on request

Out of pocket cost

\$99

What to bring

Myki Companion card

Money for dinner and drinks



Social sessions

Adults

Barwon and Western Melbourne



High School Musical at GAC

Sing along and relive the magic of High School Musical live on stage at Geelong Arts Centre.

Date

Saturday 28 June

Pick up / drop off times and location

5.30pm / 10.30pm - Gateways North Geelong

4.30pm / 11.30pm - Gateways Werribee

Pick up / Drop off - Footscray on request

Out of pocket cost

\$46

What to bring

Companion card

Money for dinner and drinks





July

Social sessions

Adults

Barwon and Western Melbourne



Dinner & Dancing, Melton

Have a fantastic night at Melton Country Club with great eats, music, and a lively dance floor.

Date

Friday 4 July

Pick up / drop off times and location

5.30pm / 11.00pm - Gateways Werribee

Pick up / Drop off - Werribee on request

Out of pocket cost

None

What to bring

Money for dinner and drinks



This is Elvis

Ben Portsmouth's 'This is Elvis'—an incredible tribute to the King of Rock 'n' Roll!

Date

Friday 11 July

Pick up / drop off times and location

5.30pm / 10.30pm - Footscray Train Station

Pick up / Drop off - Werribee on request

Out of pocket cost

\$90

What to bring

Myki

Companion card

Money for dinner and drinks



Paint & Mocktails

Unleash your creativity with painting and mocktails at Gateways—art and fun combined.

Date

Saturday 12 July

Pick up / drop off times and location

11.00am / 4.00pm - Gateways North Geelong

10.30am / 4.30pm - Gateways Werribee

Out of pocket cost

\$15

What to bring

Drink bottle



Social sessions

Adults

Barwon and Western Melbourne



B. Lucky & Sons Arcade

Step into the neon-lit fun of B. Lucky & Sons Arcade—games and good vibes.

Date

Friday 18 July

Pick up / drop off times and location

5.30pm / 10.00pm - Footscray Train Station

Pick up / Drop off - Werribee on request

Out of pocket cost

\$35

What to bring




Myki	Money for dinner and drinks
Companion card	






Contact information

Geelong - Head Office

-  12-14 Thompson Road, North Geelong, VIC 3215
-  03 5221 2984 - Monday to Friday 8:30am - 4:30pm
-  recreation@gateways.com.au

Weekend and after hours

-  0488 666 856

