

Recreation - Term 4 ProgramsAdults





Regular Weekly Sessions

Adults



Healthy Connections



Dive in for fitness and fun! Get fit with our regular PT session with the occasional water activity

Out of pocket cost: \$25

Drop off / pick up times and location

Upon request - Gateways Geelong 9.30am / 3.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$515 / 1:2 - \$322 / 1:3 - \$247





Green to Gourmet



Come together and build your skills at preparing your dinner, complete with a trip to the supermarket to gather your ingredients.

Out of pocket cost: \$15

Drop off / pick up times and location

4.30pm / 9:00pm - Gateways Geelong
Upon request - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$473 / 1:2 - \$300 / 1:3 - \$242





Urban Explorers



An adventure-filled program where participants discover hidden gems, local landmarks, and exciting places around the city and beyond.

BYO topped up Myki Card

Drop off / pick up times and location

Upon request - Gateways Geelong 9.00am / 3.30pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$583 / 1:2 - \$355 / 1:3 - \$277





Regular Weekly Sessions

Adults



Creative Connections



A welcoming space to explore art, craft, and imagination while building friendships. Relax, express yourself through hands-on activities, and connect with others

Out of pocket cost: \$10

Drop off / pick up times and location

Upon request - Gateways Geelong 10.00am / 3.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$476 / 1:2 - \$300 / 1:3 - \$242





Dinner and Bowling



The perfect night out! Start with a delicious meal, then hit the lanes for some tenpin fun. A great mix of good food, laughs, and friendly competition for all ages.

BYO money for ticket and dinner

Drop off / pick up times and location

4.30am / 9.00pm - Gateways Geelong - Waurn Ponds Upon request

NDIS Funding Required (estimate only):

1:1 - \$473 / 1:2 - \$300 / 1:3 - \$242





Super Sunday Bowling



Enjoy a relaxed game of tenpin bowling, perfect for all skill levels. A great way to spend your Sunday with plenty of laughs, friendly competition, and good vibes.

BYO money for ticket and snacks

Drop off / pick up times and location

Upon request - Gateways Geelong 1.30pm / 6:30pm - Gateways Werribee 2.00pm / 6.00pm - Zone Bowling, Braybrook

NDIS Funding Required (estimate only):

1:1 - \$634 / 1:2 - \$380 / 1:3 - \$294



Regular Fortnightly Sessions

Adults



Movie Night - Highpoint



Settle in for a relaxing movie night with friends! Enjoy a good film, comfy seats, and plenty of laughs and maybe some popcorn too!

BYO money for ticket and snacks

Drop off / pick up times and location

Upon request - Gateways Geelong 5.30pm / 9.00pm - Hoyts Highpoint

NDIS Funding Required (estimate only):

1:1 - \$394 / 1:2 - \$255 / 1:3 - \$215





Movie Night - Werribee



Get comfy and enjoy a fun movie night with friends! A perfect way to end the day.

BYO money for ticket and snacks

Drop off / pick up times and location

Upon request - Gateways Geelong 5.30pm / 9.00pm - Pacific Werribee

NDIS Funding Required (estimate only):

1:1 - \$394 / 1:2 - \$255 / 1:3 - \$215





Green to Gourmet



Come together and show us your skills by preparing dinner as a group, complete with a trip to the supermarket to gather your ingredients.

Out of pocket cost: \$15

Drop off / pick up times and location

Upon request Gateways Geelong 5.00pm / 9.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$434 / 1:2 - \$280 / 1:3 - \$227



Regular Fortnightly Sessions

Adults



Train Trippers



All aboard! Join the Train Trippers crew as we hop on the train to explore new places and discover fun things to do along the way.

BYO topped up Myki Card

Drop off / pick up times and location

9.00am / 4.00pm - North Geelong Station 10.00am / 3.00pm - Footscray Train Station

NDIS Funding Required (estimate only):

1:1 - \$805 / 1:2 - \$460 / 1:3 - \$345







Social Sessions - October

Adults



Queen Vic Night Market



Discover the sights, sounds, and flavors of Victoria Market at night on this fun outing with friends.

Out of pocket cost: FREE

Drop off / pick up times and location

4.30pm / 10.30pm - Gateways Geelong

5.00pm / 10.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$573 / 1:2 - \$346 / 1:3 - \$258





INXS Tribute Show



Rock out to all your INXS favorites! Join us for an energetic tribute show full of iconic hits, great music, and a night to remember.

Out of pocket cost: \$30 and BYO money for dinner

Drop off / pick up times and location

4.30pm / 10.30pm - Gateways Geelong

5.00pm / 10.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$573 / 1:2 - \$346 / 1:3 - \$258





Mamma Mia at GPAC



Sing, dance, and laugh along to all your favorite ABBA hits in the feel-good musical Mamma Mia! at GPAC. A night full of music and fun.

Out of pocket cost: \$54

Drop off / pick up times and location

12.00pm / 4.00pm - Gateways Geelong

11.30am / 4.30pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$608 / 1:2 - \$361 / 1:3 - \$278



Social Sessions - October

Adults



Live at Piano Bar



Relax and enjoy an evening of live music at the piano bar! Sing along, tap your feet, or just soak up the great vibes with friends.

Out of pocket cost: FREE

Drop off / pick up times and location

5.30pm / 9.30pm - Gateways Geelong5.00pm / 10.00pm- Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$523 / 1:2 - \$320 / 1:3 - \$255





Op Shop Bingo



Join us for Op Shop Bingo, a fun and interactive way to explore your local op shops. Complete your bingo card by finding unique items.

Out of pocket cost: FREE

Drop off / pick up times and location

9.00am / 3.00pm - Gateways Geelong 9.00am / 3.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$707 / 1:2 - \$410 / 1:3 - \$320





Karaoke Night



Grab the mic and let your inner superstar shine! Join us for a fun-filled karaoke night with friends, laughter, and all your favorite songs.

Out of pocket cost: \$35

Drop off / pick up times and location

5.00pm / 9.00pm - Gateways Geelong 5.00pm / 9.30pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$423 / 1:2 - \$268 / 1:3 - \$217



Social Sessions - October

Adults



AFLW Dogs v Cats



Join us for an action-packed AFLW match and enjoy the excitement with fellow fans.

Out of pocket cost: \$15 and BYO money for lunch

Drop off / pick up times and location

9.00am / 3.00pm - Gateways Geelong

10.00am/ 3.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$707 / 1:2 - \$410 / 1:3 - \$310







Halloween Party



Get ready for a spooktacular night! Join us for our Halloween party filled with costumes, treats, music, and fun frights with friends

Out of pocket cost: \$10

Drop off / pick up times and location

5.00pm / 9.00pm - Gateways Geelong

5.00pm / 9.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$423 / 1:2 - \$268 / 1:3 - \$217





Social Sessions - November

Adults



Elvis Festival



Get ready to shake, rattle, and roll! Join us for live music, tribute acts, and a celebration of the King's legendary hits.

Out of pocket cost: \$59.90-\$79.90

Drop off / pick up times and location

1.30pm / 5.00pm - Gateways Geelong

Upon request - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$460 / 1:2 - \$287 / 1:3 - \$229





Luna Park at Night



Experience the magic of Luna Park after dark! Enjoy thrilling rides, sparkling lights, and a fun night out with friends.

Out of pocket cost: \$45

Drop off / pick up times and location

5.00pm / 11.30pm - Gateways Geelong

5.30pm / 11.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$578 / 1:2 - \$346 / 1:3 - \$266





Paint and Sip



Unleash your creativity while enjoying a drink! Join us for Paint and Sip, a relaxed, fun evening of painting, laughter, and good company.

Out of pock cost: \$10

Drop off / pick up times and location

10:00am / 2.30pm - Gateways Geelong

10:45am / 2:00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$756 / 1:2 - \$435 / 1:3 - \$328



Social Sessions - November

Adults



Fishing



Cast a line and enjoy a peaceful day by the water! Join us for fishing and a chance to relax and unwind.

Out of pocket cost: \$15

Drop off / pick up times and location

9.00am / 4.00pm - Gateways Geelong

9.30 pm / 4.30 pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$605 / 1:2 - \$360 / 1:3 - \$277





Creative Society Market



Explore, shop, and be inspired, the Creative Society Market is full of handmade and unique finds.

Out of pocket cost: FREE

Drop off / pick up times and location

9.00am / 3.30pm - Gateways Geelong 9.30am / 3.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$805 / 1:2 - \$460 / 1:3 - \$344







Pamper Day



Treat yourself to some well-deserved self-care! Join us for a pamper day filled with relaxation, beauty, and indulgence.

Out of pocket cost: \$15

Drop off / pick up times and location

9.00am / 3.30pm - Gateways Geelong 9.30am / 3.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$605 / 1:2 - \$360 / 1:3 - \$277



Social Sessions - November

Adults



Fish 'n' Chips



Enjoy the classic combo of crispy fish and golden chips with the perfect seaside view. A tasty and relaxing outing by the beach.

Out of pocket cost: \$15

Drop off / pick up times and location

9.30am / 3.30pm - Gateways Geelong

9.00am / 3.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$722 / 1:2 - \$426 / 1:3 - \$327





Geelong Revival



Experience the thrill of Australia's largest classic motoring event at the Geelong Revival Motoring Festival!

Out of pocket cost: FREE

Drop off / pick up times and location

9.30am / 4.00pm - Gateways Geelong

9.00am / 4.30pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$623 / 1:2 - \$378 / 1:3 - \$296





ABBA Tribute



Get ready to dance and sing along! Join us for an ABBA tribute show full of classic hits, sparkling costumes, and all the fun of the disco era.

Out of pocket cost: \$40

Drop off / pick up times and location

7.30pm / 11.00pm- Gateways Geelong

7.00pm / 11.30pm- Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$570 / 1:2 - \$348 / 1:3 - \$274





Social Sessions - December

Adults



Shopping Day



Spend the day browsing, finding great deals, and enjoying some retail therapy with friends on our shopping day!

BYO Money for lunch/shopping

Drop off / pick up times and location

9.30am / 3.30pm - Gateways Geelong

9.00am / 3.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$550 / 1:2 - \$330 / 1:3 - \$260







Christmas Bowl & Dinner



Strike up some fun - Christmas edition! Join us for an evening of bowling and dinner with friends and a little friendly competition.

BYO money for entry and dinner

Drop off / pick up times and location

4.30pm / 9.00pm - Gateways Geelong

4.00pm / 9.30pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$555 / 1:2 - \$340 / 1:3 - \$270



Social Sessions - December

Adults



Market Day



Explore stalls, discover unique finds, and enjoy a fun day out at the market.

Out of pocket cost: FREE

Drop off / pick up times and location

9.30am / 3.30pm - Gateways Geelong 9.00am / 3.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$722 / 1:2 - \$426 / 1:3 - \$327





Festival of Lights



Step into the magic of the season at Adventure Park's Festival of Lights! Enjoy dazzling Christmas displays, festive rides, and a sparkling night out.

Out of pocket cost: \$42.50

Drop off / pick up times and location

5:30pm / 10.30pm - Gateways Geelong 4.45pm / 11.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$593 / 1:2 - \$360 / 1:3 - \$284





Christmas Party



Celebrate the season with friends at our Christmas party! Enjoy festive music, delicious treats, and plenty of holiday cheer.

Out of pocket cost: \$10

Drop off / pick up times and location

9.00am / 3.30pm - Gateways Geelong 9.30am / 3.00pm - Gateways Werribee

NDIS Funding Required (estimate only):

1:1 - \$722 / 1:2 - \$426 / 1:3 - \$327





Information pack

What to bring to my programs

Please label your items and keep them in your own backpack. This

Bring these to all activities:

★ Drink bottle

Labelled backpack or bag

Companion card

Packed lunch and snack

★ Sunscreen

Personal care items

You may also need:

★ MYKI card, look for this symbol: PT

Money for food and drinks

Bathers and towel (for water activities)

Other items needed for the activity are listed below in What to bring

Medication

Our Support Workers can help you with your medication during the program.

Please make sure:

You have provided Gateways with a GP-signed medication sheet

Any liquids or creams are in their original packaging with labels intact



Any tablets are in a Webster pack

Funding

If you have an NDIS plan, NDIS rates apply. These activities are covered under 'Core Supports' or 'Social and Community Participation.' Support costs are taken from your NDIS plan. Out-of-pocket costs are separate and some non-face to face charges apply.

Out-of-pocket costs and pre-booked activities

Some activities have extra costs, which depend on the activity eg. entry fees. We aim to keep these costs as low as possible.

Gateways pre-books some activities. If you cancel and we can't fill your spot, you may still need to pay the activity fee. Please give us as much notice as possible to avoid this.

Important update for recreation fees

NDIS no longer covers activity fees. These must now be paid out of pocket. All activity costs must be paid in full before the program begins. We have payment options available, please contact us for more information.

Pick up and drop off service

Transport to and from the program may be available at an extra cost to your NDIS plan. This depends on the program and support worker availability.

Please contact us to arrange transport support.

Level of Activity

Each program has a level of activity, which you can view below in the activity information.



Running late to an activity or for pick up?

If you are running late, please call us as soon as possible.

If you're running late for drop-off and we don't hear from you, and it's more than 10 minutes past the scheduled time, the group may leave, and any late participants might miss the session. If you're late for pick-up at end of day and our staff are required to stay longer, you may be charged for the extra time.



♦ 0488 666 856 - Weekend and afterhours



♦ 03 5292 929 206 - Monday to Friday 8:30am - 4:30pm

Cancellations

If you cancel within 7 days of the program (including due to illness or COVID-19), you may still be charged for support, as per the NDIS price guide. The cost will depend on whether we can fill your spot.

Some out-of-pocket costs may apply if we can't find a replacement, no matter when you cancel.

Remember to:



Book individual transport with us if required



If anything changes, please call the team as soon as possible



Get in touch today!



Scan the QR code or contact us to learn more or to express your interest!



www.gateways.com.au



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