



# Recreation - 2026 Term 1 Programs

Adults



# Information pack

## What to bring to my programs

Please label your items and keep them in your own backpack. This helps us return lost items to you!

### Bring these to all activities:

- ★ Drink bottle
- ★ Companion card
- ★ Sunscreen
- ★ Labelled backpack or bag
- ★ Packed lunch and snack
- ★ Personal care items


## Medication

Our Support Workers can help you with your medication during the program.

### Please make sure:

- ★ You have provided Gateways with a GP-signed medication sheet
- ★ Any liquids or creams are in their original packaging with labels intact

### You may also need:

- ★ MYKI card, look for this symbol: 
- ★ Money for food and drinks
- ★ Bathers and towel (for water activities)
- ★ Other items needed for the activity are listed below in What to bring

- ★ All tablets are in a Webster pack

## Funding

If you have an NDIS plan, NDIS rates apply. These activities are covered under 'Core Supports' or 'Social and Community Participation.'

Support costs are taken from your NDIS plan. Out-of-pocket costs are separate and some non-face to face charges apply.

## Out-of-pocket costs and pre-booked activities

Some activities have extra costs, which depend on the activity eg. entry fees. We aim to keep these costs as low as possible.

Gateways pre-books some activities. If you cancel and we can't fill your spot, you may still need to pay the activity fee. Please give us as much notice as possible to avoid this.

### Companion Card

Please note that if you do not have a Companion Card, you may incur an additional cost on top of the out-of-pocket fee. This apportioned cost is shared among participants without a companion card to cover the support worker's expenses during the program. To help reduce this cost, we encourage you to apply for a Companion Card here: <https://www.companioncard.vic.gov.au/>

### Important update for recreation fees

NDIS no longer covers activity fees. These must now be paid out of pocket. All activity costs must be paid in full before the program begins. We have payment options available, please contact us for more information.

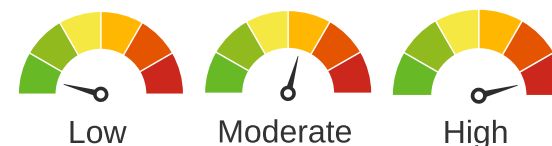
## Pick up and drop off service

Transport to and from the program may be available at an extra cost to your NDIS plan. This depends on the program and support worker availability.

Please contact us to arrange transport support.

## Level of Activity

Each program has a level of activity, which you can view below in the activity information.



## Running late to an activity or for pick up?

If you are running late, please call us as soon as possible.

If you're running late for drop-off and we don't hear from you, and it's more than 10 minutes past the scheduled time, the group may leave, and any late participants might miss the session. If you're late for pick-up at end of day and our staff are required to stay longer, you may be charged for the extra time.

## Cancellations

If you cancel within 7 days of the program (including due to illness or COVID-19), you may still be charged for support, as per the NDIS price guide. The cost will depend on whether we can fill your spot.

Some out-of-pocket costs may apply if we can't find a replacement, no matter when you cancel.

### Remember to:

★ Book individual transport with us if required

★ If anything changes, please call the team as soon as possible





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## Welcome to the Recreation Crew!

Our programs help you learn and practice everyday skills with friends and in the community.



# Regular Sessions

# Regular Weekly Sessions

## Adults

Wednesdays from 28th Jan



### Healthy Connections



Get active with a variety of fun fitness and sports, then enjoy lunch out in the community at Salvation Army's Agape Cafe. Stay healthy, build confidence, and have a great time with friends!

**Out of pocket cost: \$20 + gold coin donation**

#### Drop off / pick up times and location

Upon request - Gateways Geelong  
10.00am / 3.00pm - Gateways Werribee

#### NDIS Funding Required (estimate only):

1:1 - \$515 / 1:2 - \$322 / 1:3 - \$247



Fridays from 30th Jan



### Dinner and bowling



The perfect night out at Oz Tenpin Bowling! Start with a delicious meal, then hit the lanes for some tenpin fun. A great mix of good food, laughs, and friendly competition for all ages.

**BYO money for bowling and dinner**

#### Drop off / pick up times and location

4.30pm / 9:00pm - Gateways Geelong  
Upon request - Gateways Werribee

#### NDIS Funding Required (estimate only):

1:1 - \$473 / 1:2 - \$300 / 1:3 - \$242



Sundays from 1st Feb



### Super Sunday bowling



Enjoy a relaxed game of tenpin bowling at Zone Bowling, Braybrook - perfect for all skill levels. A great way to spend your Sunday with plenty of laughs, friendly competition, food and good vibes.

**BYO money for bowling and snacks**

#### Drop off / pick up times and location

Upon request - Gateways Geelong  
1.30pm / 6.30pm - Gateways Werribee  
2.00pm / 6.00pm - Zone Bowling Braybrook

#### NDIS Funding Required (estimate only):

1:1 - \$634 / 1:2 - \$380 / 1:3 - \$294



# Regular Weekly Sessions

Adults

**Mondays from 2nd Feb**



## Creative Crew



Explore all things arts & craft. No experience needed. Join the art community and visit exhibitions to connect with others - just bring your imagination! Express yourself, and create something amazing.

**BYO topped up Myki Card**

### Drop off / pick up times and location

Upon request - Gateways Geelong

10.00am / 3.00pm - Gateways Werribee

### NDIS Funding Required (estimate only):

1:1 - \$476 / 1:2 - \$300 / 1:3 - \$242

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# Regular Fortnightly Sessions

## Adults

Tuesdays from 27th Jan



### Movie Night - Highpoint



Settle in for a relaxing movie night with friends! Enjoy a good film, comfy seats, and plenty of laughs and maybe some popcorn too!

**BYO money for ticket and snacks**

#### Drop off / pick up times and location

Upon request - Gateways Geelong  
5.30pm / 9.00pm - Hoyts Highpoint

#### NDIS Funding Required (estimate only):

1:1 - \$394 / 1:2 - \$255 / 1:3 - \$215



Tuesday from 3rd Feb



### Movie Night - Werribee



Get comfy and enjoy a fun movie night with friends! A perfect way to end the day.

**BYO money for ticket and snacks**

#### Drop off / pick up times and location

Upon request - Gateways Geelong  
5.30pm / 9.00pm - Pacific Werribee

#### NDIS Funding Required (estimate only):

1:1 - \$394 / 1:2 - \$255 / 1:3 - \$215



Monthly from 4th Feb



### Movie Night - Waur Ponds



Settle in for a relaxing movie night on the **1st Wednesday of every month** with friends! Enjoy a good film, comfy seats, and plenty of laughs and maybe some popcorn too!

**BYO money for ticket and snacks**

#### Drop off / pick up times and location

5.30pm / 9.00pm - Reading Cinema, Waur  
Ponds  
Upon request - Gateways Werribee

#### NDIS Funding Required (estimate only):

1:1 - \$394 / 1:2 - \$255 / 1:3 - \$215





# Regular Fortnightly Sessions

Adults

Saturdays from 7th Feb



## Train Trippers



All aboard! With focus on travel training - join the train trippers crew as we hop on the train to explore new places and discover fun things to do along the way.

**BYO topped up Myki Card**

### Drop off / pick up times and location

9.00am / 4.00pm - North Geelong Station

10.00am / 3.00pm - Footscray Train Station

### NDIS Funding Required (estimate only):

1:1 - \$805 / 1:2 - \$460 / 1:3 - \$345

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# **Social Sessions**

# Social Sessions

## Adults

Friday 23rd January



### Planetarium Nights and Grazeland



Savor the flavors, then discover the stars! Indulge in global eats at Grazeland then go on a cosmic journey at Planetarium Nights. A perfect outing of wonder and taste!

**Out of pocket cost: \$22-35 and BYO money for dinner**

#### Drop off / pick up times and location

4.30pm / 10.00pm - Gateways Geelong

5.30pm / 9.00pm - Gateways Werribee

#### NDIS Funding Required (estimate only):

1:1 - \$485 / 1:2 - \$275 / 1:3 - \$200



Saturday 14th February



### Dinner and live music



Dinner, tunes, and good vibes on St Valentines Day! Grab your crew, enjoy tasty bites, and groove to live music. It's the perfect night out—don't miss it!

**Out of pocket cost: BYO money for dinner**

#### Drop off / pick up times and location

5.00pm / 10.00pm - Gateways Geelong

4.15pm / 10.45pm - Gateways Werribee

#### NDIS Funding Required (estimate only):

1:1 - \$655 / 1:2 - \$360 / 1:3 - \$255



Friday 27th February



### Gateways 22<sup>nd</sup> Annual Charity Golf Day - All abilities putting clinic



Connect, laugh, and shine with our Gateways Charity Golf Day. It's all about community, good vibes, and golden moments.

**Out of pocket cost: FREE**

#### Drop off / pick up times and location

9.30am / 3.00pm - Gateways Geelong

8.45am / 3.30pm - Gateways Werribee

#### NDIS Funding Required (estimate only):

1:1 - \$485 / 1:2 - \$275 / 1:3 - \$200



# Social Sessions

Adults

Enrolments  
close  
16 Feb

Saturday 28th February



## Pako Festa



Attend the vibrant Pako Festa Street Parade, enjoy energetic cultural performances at the event stages and feast your way around the world at international food stalls.

**Out of pocket cost: BYO money for food**

### Drop off / pick up times and location

11.00am / 1.00pm - Gateways Geelong

10.30am / 3.30pm - Gateways Werribee

### NDIS Funding Required (estimate only):

1:1 - \$655 / 1:2 - \$360 / 1:3 - \$255



Saturday 14th March



## Karaoke and dinner



Eat, sing, and celebrate with friends—great food, fun tunes, and unforgettable vibes!

**Out of pocket cost: \$35 and BYO money for dinner/snacks**

### Drop off / pick up times and location

4.30pm / 10.30pm - Gateways Geelong

5.30pm / 9.30pm - Gateways Werribee

### NDIS Funding Required (estimate only):

1:1 - \$525 / 1:2 - \$295 / 1:3 - \$215



Thursday 26th March



**Companion card required**

## & Juliet at the Playhouse, Geelong



& Juliet flips the script on Shakespeare's most famous romance and rewrites it with a fearless, feel-good twist. This laugh-out-loud, high-energy musical dares to ask: what if Juliet chose her own ending?

**Out of pocket cost: \$58. 90 and BYO money for food and drinks**

### Drop off / pick up times and location

7.00pm / 10.00pm - Geelong Arts Centre

6.00pm / 11.00pm - Gateways Werribee

### NDIS Funding Required (estimate only):

1:1 - \$655 / 1:2 - \$360 / 1:3 - \$255





# Social Sessions

Adults

Sunday 29th March



## Gateways Easter Family Fun Day



Join us for an egg-citing day of games, crafts, and fun at our annual Easter Family Fun Day! Fun for all ages!

**BYO money for lunch and snacks**

### Drop off / pick up times and location

11.00am / 3.00pm - Gateways Geelong  
10.30am / 3.30pm - Gateways Werribee

### NDIS Funding Required (estimate only):

1:1 - \$835 / 1:2 - \$445 / 1:3 - \$315



Friday 5th June



**Companion card required**

## Disney's Beauty and the Beast at The Playhouse, Geelong



Spectacular costumes, thrilling choreography, and unforgettable performances bring Disney's Beauty and the Beast to life for audiences of all ages

**Out of pocket cost: \$59. 90 and BYO money for food and drinks**

### Drop off / pick up times and location

7.00pm / 10.00pm - Geelong Arts Centre  
6.00pm / 11.00pm - Gateways Werribee

### NDIS Funding Required (estimate only):

1:1 - \$655 / 1:2 - \$360 / 1:3 - \$255

Express  
your  
interest  
now!







## Get in touch today!



Scan the QR code or contact us to learn more  
or to express your interest!



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