

# Adults Programs and Activities

## 20 April - 12 July

# Welcome to our Adult programs and activities brochure

Before you explore what's on offer, here are a few important things to know... Please note that the out-of-pocket payment is required prior to the start of the program in order to secure your place. Some activities have limited spots and will fill quickly, so apply now!

## Level of activity:

Low



Moderate



High



## Skill development icons:



Social connection



Independence



Communication



Money handling



Travel training



Food and nutrition

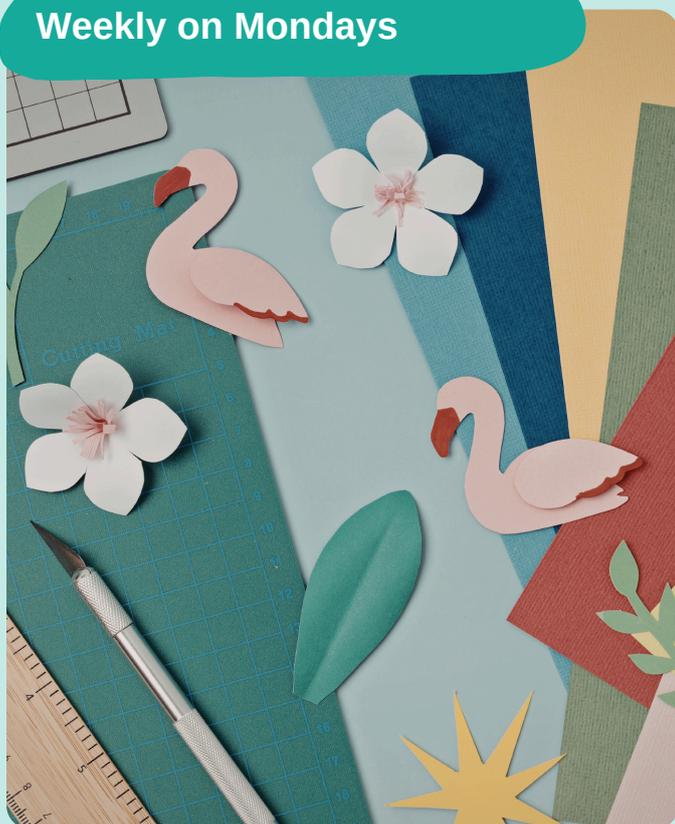


Creative expression



Physical Wellbeing

## Weekly on Mondays



## Creative Crew

Exploring all things arts and crafts - no experience needed, just bring your imagination! Enjoy opportunities to visit local exhibitions and galleries for inspiration, connect with others, express yourself, and create something amazing.

### Skills



**BYO Topped up Myki card**

### Activity start and finish

20 April - 22 June

Geelong or Werribee office

10:00am - 3:00pm

### NDIS Funding Required (estimate only):

1:1 - \$445 / 1:2 - \$270 / 1:3 - \$210

PT >



Fortnightly on Tuesdays



## Movie Night - Highpoint

Settle in for a relaxing movie night at Hoyts Highpoint with friends! Enjoy a great film, comfy seats, plenty of laughs, and some tasty snacks.

**Skill development areas:**



**BYO money for ticket and snacks**

### Activity start and finish

21 April - 30 June  
Meet at Hoyts Highpoint  
5:30pm - 9:00pm

### NDIS Funding Required (estimate only):

1:1 - \$310 / 1:2 - \$175 / 1:3 - \$130



Fortnightly on Tuesdays



## Movie Night - Werribee

Select a film with your friends at Village Cinemas Pacific Werribee and enjoy a cozy night with great company, tasty snacks, and a new movie on the big screen.

**Skill development areas:**



**BYO money for ticket and snacks**

### Activity start and finish

28 April - 23 June  
Meet at Pacific Werribee  
5:30pm - 9:00pm

### NDIS Funding Required (estimate only):

1:1 - \$310 / 1:2 - \$175 / 1:3 - \$130



## Healthy Connections

Get involved with a variety of fun fitness and sports each week topped off with a tasty meal onsite or out in the community at Cafe Agape - Salvation Army. Stay healthy whilst building confidence, and having a great time with friends!

### Skill development areas:



**Out of pocket cost: \$20**

### Activity start and finish

22 April - 24 June

Geelong or Werribee office

10:00am - 3:00pm

### NDIS Funding Required (estimate only):

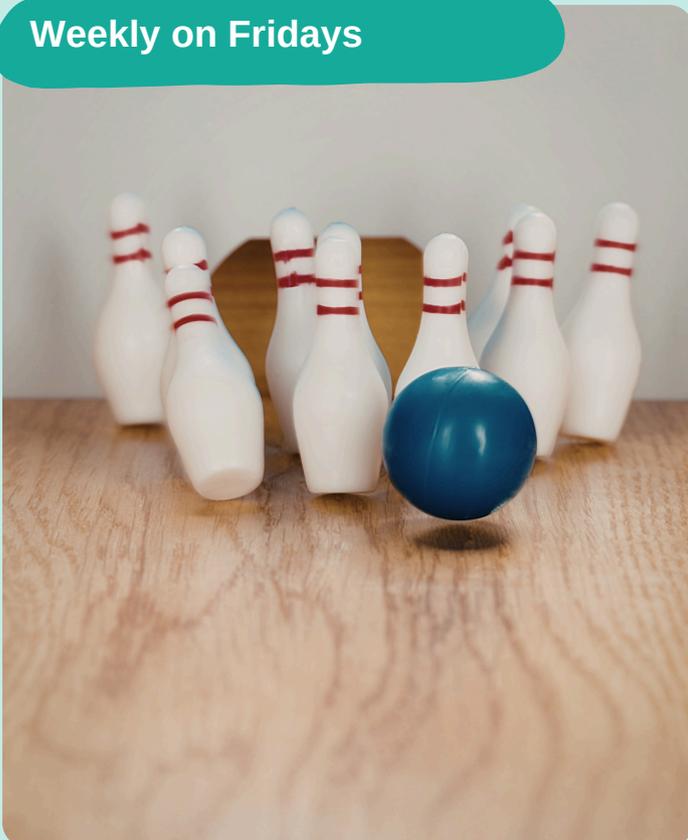
1:1 - \$455 / 1:2 - \$280 / 1:3 - \$225



## Weekly on Wednesdays



## Weekly on Fridays



## Dinner and Bowling

The perfect night out! Start with selecting a delicious meal at the Waurm Ponds shopping Centre, then hit the lanes at Oz Tenpin Geelong. A great mix of good food, laughs, and friendly competition for all ages.

### Skill development areas:



**BYO money for bowling and dinner**

### Activity start and finish

24 April - 26 June

Geelong or Werribee office

4:30pm - 9:00pm

### NDIS Funding Required (estimate only):

1:1 - \$440 / 1:2 - \$270 / 1:3 - \$210



## Weekly on Sundays



## Super Sunday Bowling

Get your bowling shoes on for a round at Bowling Braybrook, perfect for all skill levels. A great way to spend your Sunday with plenty of laughs, friendly competition, and tasty snacks.

### Skill development areas:



**BYO money for bowling and dinner**

### Activity start and finish

26 April - 28 June  
Bowling Braybrook  
2:00pm - 6:00pm

### NDIS Funding Required (estimate only):

1:1 - \$560 / 1:2 - \$305 / 1:3 - \$220



## Train Trippers

Il aboard! Join the Train Trippers crew from either Footscray or North Geelong Station as we hop on the train to explore new places and discover fun things to do along the way.

### Skill development areas:



**BYO topped up Myki card**

### Activity start and finish

2 May - 27 June  
North Geelong or Footscray station  
9:00am - 4:00pm

### NDIS Funding Required (estimate only):

1:1 - \$735 / 1:2 - \$390 / 1:3 - \$275

## Fortnightly on Saturdays



PT >



# Special events

Saturday  
18 April



## Geelong Japanese Festival

Jump into the vibrant world of Japan at the Geelong Showgrounds! Enjoy tasty Japanese foods, try fun hands-on workshops, feel the powerful beat of Taiko drums, explore the art of Bonsai, get creative with cosplay, and discover unique treasures at local artisan stalls.

### Skill development areas:



**BYO spending money**

### Activity start and finish

Geelong or Werribee office  
10:00am - 3:00pm

### NDIS Funding Required (estimate only):

1:1 - \$605 / 1:2 - \$360 / 1:3 - \$275



Saturday  
25 April



## ANZAC Day Community Commemoration

Come together to reflect and remember, with a short ANZAC service, followed by a BBQ lunch and live music at Lara RSL.

### Skill development areas:



**BYO gold coin donation**

### Activity start and finish

Geelong or Werribee office  
10:30am - 2:30pm

### NDIS Funding Required (estimate only):

1:1 - \$750 / 1:2 - \$440 / 1:3 - \$335



## LIT 2026 Wyndham Park

Enjoy a dazzling array of all new illuminated installations from local and interstate artists. Stroll around Wyndham park and immerse yourself in the lights!

### Skill development areas:



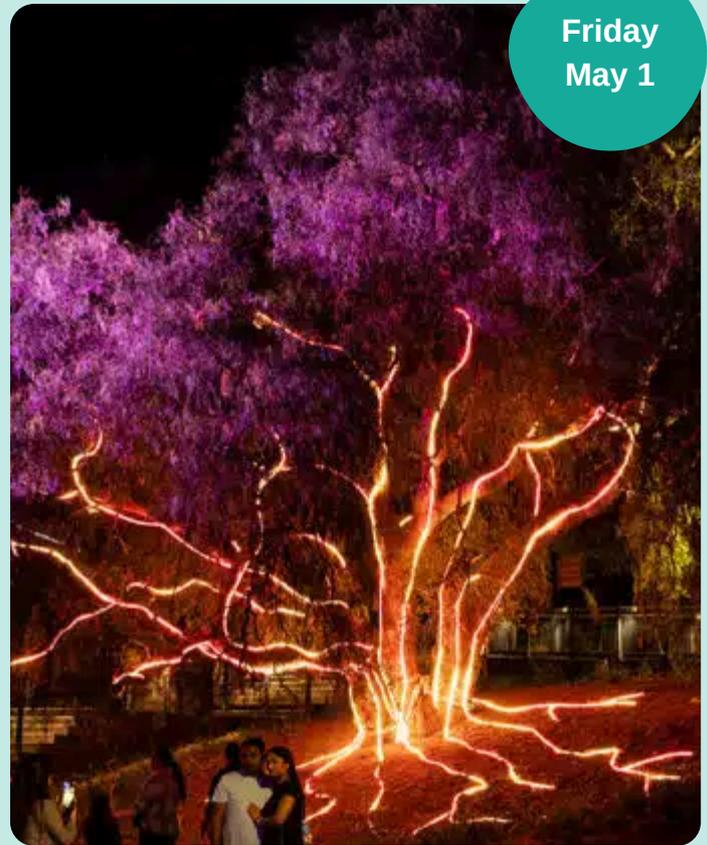
**No out of pocket cost - FREE**

### Activity start and finish

Geelong or Werribee office  
5:30pm - 9:30pm

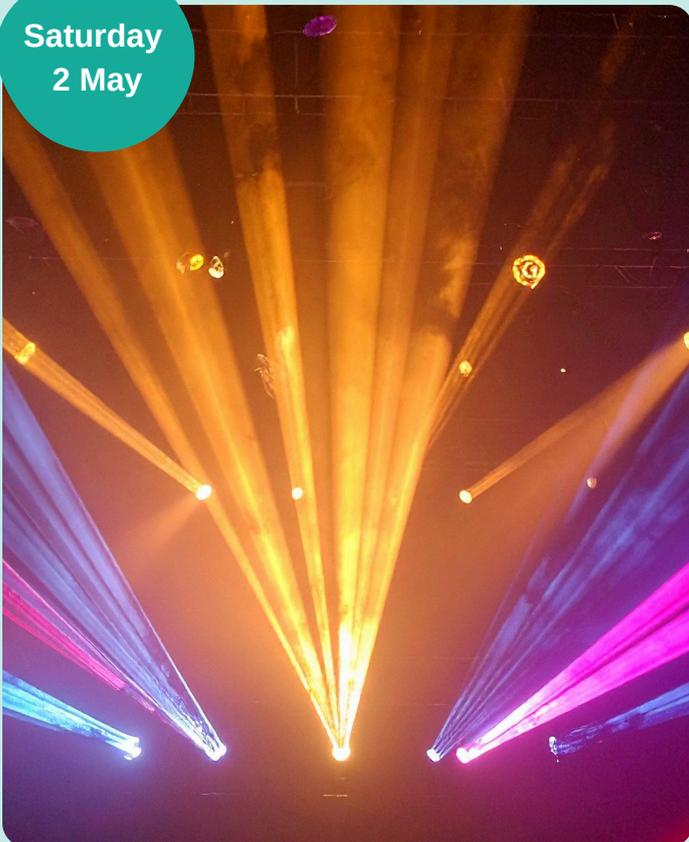
### NDIS Funding Required (estimate only):

1:1 - \$410 / 1:2 - \$260 / 1:3 - \$205



Friday  
May 1

Saturday  
2 May



## Gateways Disco

Get ready to dance at our Geelong Gateways Disco with tasty pizza and soft drink provided. Theme: Out of Space! Dress up as your favourite alien or space explorer!

### Skill development areas:



**Out of pocket cost: \$15**

### Activity start and finish

Geelong or Werribee office  
11:00am - 2:00pm

### NDIS Funding Required (estimate only):

1:1 - \$320 / 1:2 - \$175 / 1:3 - \$125





Saturday  
23 May

## Gateways High Tea

Enjoy a delightful High Tea filled with delicious treats and social connection. Plan and prepare savory and sweet treats, freshly brewed tea and light refreshments.

### Skill development areas:



Out of pocket cost: \$15

### Activity start and finish

Geelong or Werribee office  
11:00am - 2:00pm

### NDIS Funding Required (estimate only):

1:1 - \$405 / 1:2 - \$255 / 1:3 - \$205



Friday  
12 June

## AFL Match: Geelong vs Gold Coast Suns

Join us for an exciting evening at GMHBA Stadium as the Geelong Cats take on the Gold Coast Suns! Feel the energy of the crowd, soak up the electric stadium atmosphere, and cheer your team on in a thrilling night of AFL action.

### Skill development areas:



Out of pocket cost: \$35 + worker cost if no companion card

### Activity start and finish

Geelong or Werribee office  
6:00pm - 11:00pm

### NDIS Funding Required (estimate only):

1:1 - \$490 / 1:2 - \$300 / 1:3 - \$235



Saturday  
20 June



## Aura Night Show: Sovereign Hill

Aura at Sovereign Hill Ballarat dazzles you in a 90 minute high impact, immersive show, presenting everything you ever wanted to know about the precious metal Gold, through history and in modern times.

### Skill development areas:



**Out of pocket cost: \$45 + worker cost  
if no companion card**

### Activity start and finish

Geelong or Werribee office  
5:30pm - 10:00pm

### NDIS Funding Required (estimate only):

1:1 - \$580 / 1:2 - \$360 / 1:3 - \$285



Friday  
3 July



## Pub 'n' Music

Enjoy a delicious pub meal with friends and live music at the Pirates Tavern. Enjoy a relaxed evening socialising, listening to great tunes, and soaking up the lively pub atmosphere.

### Skill development areas:



**BYO money for dinner**

### Activity start and finish

Gateways or Werribee office  
5:30pm - 10:00pm

### NDIS Funding Required (estimate only):

1:1 - \$310 / 1:2 - \$175 / 1:3 - \$130



# Together We Can

# Gateways Recreation Programs and Activities

April

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18 Japanese Festival
19	20 Creative Crew	21 Movie Night: Highpoint	22 Healthy Connections	23	24 Dinner & Bowling	25 ANZAC Day Commemoration
26 Super Sunday Bowling	27 Creative Crew	28 Movie Night: Werribee	29 Healthy Connections	30		



**Get in touch today!**

Scan the QR code or contact us to learn more!

-  [www.gateways.com.au](http://www.gateways.com.au)
-  03 5221 2984
-  [intake@gateways.com.au](mailto:intake@gateways.com.au)



# Gateways Recreation Programs and Activities

## May

SUN	MON	TUE	WED	THU	FRI	SAT
					<b>1</b> Dinner & Bowling LIT 2026	<b>2</b> Train Trippers Gateways Disco
<b>3</b> Super Sunday Bowling	<b>4</b> Creative Crew	<b>5</b> Movie Night: Highpoint	<b>6</b> Healthy Connections	<b>7</b>	<b>8</b> Dinner & Bowling	<b>9</b>
<b>10</b> Super Sunday Bowling	<b>11</b> Creative Crew	<b>12</b> Movie Night: Werribee	<b>13</b> Healthy Connections	<b>14</b>	<b>15</b> Dinner & Bowling	<b>16</b> Train Trippers
<b>17</b> Super Sunday Bowling	<b>18</b> Creative Crew	<b>19</b> Movie Night: Highpoint	<b>20</b> Healthy Connections	<b>21</b>	<b>22</b> Dinner & Bowling	<b>23</b> High Tea
<b>24</b> Super Sunday Bowling	<b>25</b> Creative Crew	<b>26</b> Movie Night: Werribee	<b>27</b> Healthy Connections	<b>28</b>	<b>29</b> Dinner & Bowling	<b>30</b> Train Trippers
<b>31</b> Super Sunday Bowling						

# Gateways Recreation Programs and Activities

## June

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>1</b> Creative Crew	<b>2</b> Movie Night: Highpoint	<b>3</b> Healthy Connections	<b>4</b>	<b>5</b> Dinner & Bowling	<b>6</b>
<b>7</b> Super Sunday Bowling	<b>8</b> Public Holiday	<b>9</b> Movie Night: Werribee	<b>10</b> Healthy Connections	<b>11</b>	<b>12</b> Dinner & Bowling  AFL game	<b>13</b> Train Trippers
<b>14</b> Super Sunday Bowling	<b>15</b> Creative Crew	<b>16</b> Movie Night: Highpoint	<b>17</b> Healthy Connections	<b>18</b>	<b>19</b> Dinner & Bowling	<b>20</b> Aura Night Show
<b>21</b> Super Sunday Bowling	<b>22</b> Creative Crew	<b>23</b> Movie Night: Werribee	<b>24</b> Healthy Connections	<b>25</b>	<b>26</b> Dinner & Bowling	<b>27</b> Train Trippers
<b>28</b> Super Sunday Bowling	<b>29</b>	<b>30</b> Movie Night: Highpoint				

# Gateways Recreation Programs and Activities

## July

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3 Pub 'n' music	4



### Get in touch today!



Scan the QR code or contact us to learn more or to express your interest!

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