



Adults Programs and Activities

20 April - 3 July

Welcome to our Adult programs and activities brochure

Before you explore what's on offer, here are a few important things to know... Please note that the out-of-pocket payment is required prior to the start of the program in order to secure your place. Some activities have limited spots and will fill quickly, so apply now!

Level of activity:

Low



Moderate



High



Skill development icons:



Social connection



Independence



Communication



Money handling



Travel training



Food and nutrition



Creative expression



Physical Wellbeing

Weekly on Mondays



Creative Crew

Exploring all things arts and crafts - no experience needed, just bring your imagination! Enjoy opportunities to visit local exhibitions and galleries for inspiration, connect with others, express yourself, and create something amazing.

Skills



BYO Topped up Myki card

Activity start and finish

20 April - 22 June

Geelong or Werribee office

10:00am - 3:00pm

NDIS Funding Required (estimate only):

1:1 - \$445 / 1:2 - \$270 / 1:3 - \$210

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Fortnightly on Tuesdays



Movie Night - Highpoint

Settle in for a relaxing movie night at Hoyts Highpoint with friends! Enjoy a great film, comfy seats, plenty of laughs, and some tasty snacks.

Skill development areas:



BYO money for ticket and snacks

Activity start and finish

21 April - 16 June
Meet at Hoyts Highpoint
5:30pm - 9:00pm

NDIS Funding Required (estimate only):

1:1 - \$310 / 1:2 - \$175 / 1:3 - \$130



Fortnightly on Tuesdays



Movie Night - Werribee

Select a film with your friends at Village Cinemas Pacific Werribee and enjoy a cozy night with great company, tasty snacks, and a new movie on the big screen.

Skill development areas:



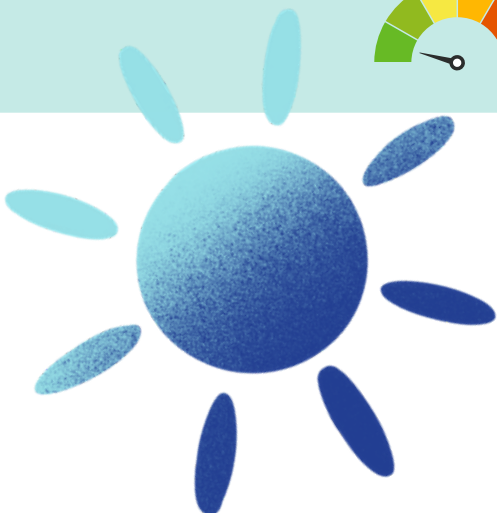
BYO money for ticket and snacks

Activity start and finish

28 April - 23 June
Meet at Pacific Werribee
5:30pm - 9:00pm

NDIS Funding Required (estimate only):

1:1 - \$310 / 1:2 - \$175 / 1:3 - \$130



Healthy Connections

Get involved with a variety of fun fitness and sports each week topped off with a tasty meal onsite or out in the community at Cafe Agape - Salvation Army. Stay healthy whilst building confidence, and having a great time with friends!

Skill development areas:



Out of pocket cost: \$20

Activity start and finish

22 April - 24 June

Geelong or Werribee office

10:00am - 3:00pm

NDIS Funding Required (estimate only):

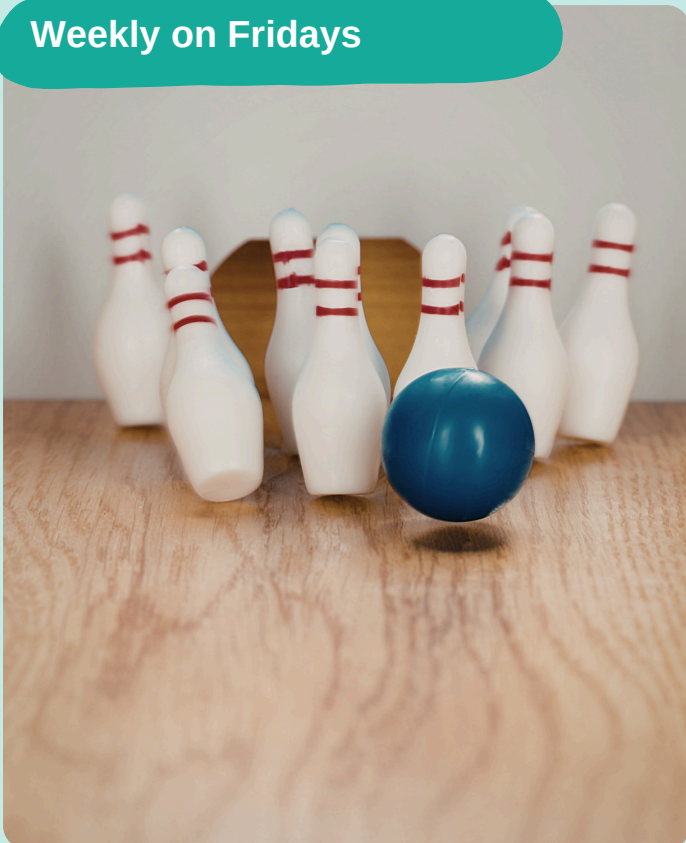
1:1 - \$455 / 1:2 - \$280 / 1:3 - \$225



Weekly on Wednesdays



Weekly on Fridays



Dinner and Bowling

The perfect night out! Start with selecting a delicious meal at the Waurm Ponds shopping Centre, then hit the lanes at Oz Tenpin Geelong. A great mix of good food, laughs, and friendly competition for all ages.

Skill development areas:



BYO money for bowling and dinner

Activity start and finish

24 April - 26 June

Geelong or Werribee office

4:30pm - 9:00pm

NDIS Funding Required (estimate only):

1:1 - \$440 / 1:2 - \$270 / 1:3 - \$210



Weekly on Sundays



Super Sunday Bowling

Get your bowling shoes on for a round at Bowling Braybrook, perfect for all skill levels. A great way to spend your Sunday with plenty of laughs, friendly competition, and tasty snacks.

Skill development areas:



BYO money for bowling and dinner

Activity start and finish

26 April - 28 June

Bowling Braybrook

2:00pm - 6:00pm

NDIS Funding Required (estimate only):

1:1 - \$560 / 1:2 - \$305 / 1:3 - \$220



Train Trippers

Il aboard! Join the Train Trippers crew from either Footscray or North Geelong Station as we hop on the train to explore new places and discover fun things to do along the way.

Skill development areas:



BYO topped up Myki card

Activity start and finish

2 May - 27 June

North Geelong or Footscray station

9:00am - 4:00pm

NDIS Funding Required (estimate only):

1:1 - \$735 / 1:2 - \$390 / 1:3 - \$275

Fortnightly on Saturdays



PT >



Special events

Saturday
18 April



Geelong Japanese Festival

Jump into the vibrant world of Japan at the Geelong Showgrounds! Enjoy tasty Japanese foods, try fun hands-on workshops, feel the powerful beat of Taiko drums, explore the art of Bonsai, get creative with cosplay, and discover unique treasures at local artisan stalls.

Skill development areas:



BYO spending money

Activity start and finish

Geelong or Werribee office
10:00am - 3:00pm

NDIS Funding Required (estimate only):

1:1 - \$605 / 1:2 - \$360 / 1:3 - \$275



Saturday
25 April



ANZAC Day Community Commemoration

Come together to reflect and remember, with a short ANZAC service, followed by a BBQ lunch and live music at Lara RSL.

Skill development areas:



BYO gold coin donation

Activity start and finish

Geelong or Werribee office
10:30am - 2:30pm

NDIS Funding Required (estimate only):

1:1 - \$750 / 1:2 - \$440 / 1:3 - \$335



LIT 2026 Wyndham Park

Enjoy a dazzling array of all new illuminated installations from local and interstate artists. Stroll around Wyndham park and immerse yourself in the lights!

Skill development areas:



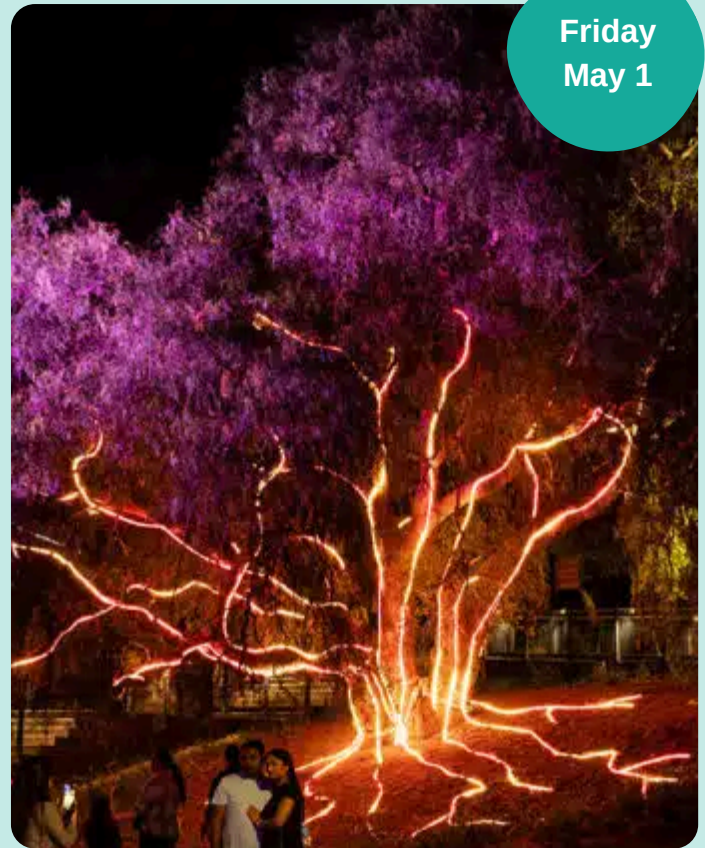
No out of pocket cost - FREE

Activity start and finish

Geelong or Werribee office
5:30pm - 9:30pm

NDIS Funding Required (estimate only):

1:1 - \$410 / 1:2 - \$260 / 1:3 - \$205



Friday
May 1

Saturday
2 May



Gateways Disco

Get ready to dance at our Geelong Gateways Disco with tasty pizza and soft drink provided. Theme: Out of Space! Dress up as your favourite alien or space explorer!

Skill development areas:



Out of pocket cost: \$15

Activity start and finish

Geelong or Werribee office
11:00am - 2:00pm

NDIS Funding Required (estimate only):

1:1 - \$320 / 1:2 - \$175 / 1:3 - \$125





Saturday
23 May

Gateways High Tea

Enjoy a delightful High Tea filled with delicious treats and social connection. Plan and prepare savory and sweet treats, freshly brewed tea and light refreshments.

Skill development areas:



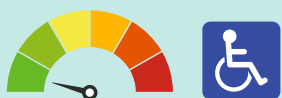
Out of pocket cost: \$15

Activity start and finish

Geelong or Werribee office
11:00am - 2:00pm

NDIS Funding Required (estimate only):

1:1 - \$405 / 1:2 - \$255 / 1:3 - \$205



Friday
12 June

AFL Match: Geelong vs Gold Coast Suns

Join us for an exciting evening at GMHBA Stadium as the Geelong Cats take on the Gold Coast Suns! Feel the energy of the crowd, soak up the electric stadium atmosphere, and cheer your team on in a thrilling night of AFL action.

Skill development areas:



Out of pocket cost: \$35 + worker cost if no companion card

Activity start and finish

Geelong or Werribee office
6:00pm - 11:00pm

NDIS Funding Required (estimate only):

1:1 - \$490 / 1:2 - \$300 / 1:3 - \$235



Saturday
20 June



Aura Night Show: Sovereign Hill

Aura at Sovereign Hill Ballarat dazzles you in a 90 minute high impact, immersive show, presenting everything you ever wanted to know about the precious metal Gold, through history and in modern times.

Skill development areas:



**Out of pocket cost: \$45 + worker cost
if no companion card**

Activity start and finish

Geelong or Werribee office
5:30pm - 10:00pm

NDIS Funding Required (estimate only):

1:1 - \$580 / 1:2 - \$360 / 1:3 - \$285



Friday
3 July



Pub 'n' Music

Enjoy a delicious pub meal with friends and live music at the Pirates Tavern. Enjoy a relaxed evening socialising, listening to great tunes, and soaking up the lively pub atmosphere.

Skill development areas:



BYO money for dinner

Activity start and finish

Gateways or Werribee office
5:30pm - 10:00pm

NDIS Funding Required (estimate only):

1:1 - \$310 / 1:2 - \$175 / 1:3 - \$130



Together We Can

Gateways Recreation Programs and Activities



April

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18 Japanese Festival
19	20 Creative Crew	21 Movie Night: Highpoint	22 Healthy Connections	23	24 Dinner & Bowling	25 ANZAC Day Commemoration
26 Super Sunday Bowling	27 Creative Crew	28 Movie Night: Werribee	29 Healthy Connections	30		



Get in touch today!

Scan the QR code or contact us to learn more!

-  www.gateways.com.au
-  03 5221 2984
-  intake@gateways.com.au



Gateways Recreation Programs and Activities

May

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Dinner & Bowling LIT 2026	2 Train Trippers Gateways Disco
3 Super Sunday Bowling	4 Creative Crew	5 Movie Night: Highpoint	6 Healthy Connections	7	8 Dinner & Bowling	9
10 Super Sunday Bowling	11 Creative Crew	12 Movie Night: Werribee	13 Healthy Connections	14	15 Dinner & Bowling	16 Train Trippers
17 Super Sunday Bowling	18 Creative Crew	19 Movie Night: Highpoint	20 Healthy Connections	21	22 Dinner & Bowling	23 High Tea
24 Super Sunday Bowling	25 Creative Crew	26 Movie Night: Werribee	27 Healthy Connections	28	29 Dinner & Bowling	30 Train Trippers
31 Super Sunday Bowling						

Gateways Recreation Programs and Activities

June

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Creative Crew	2 Movie Night: Highpoint	3 Healthy Connections	4	5 Dinner & Bowling	6
7 Super Sunday Bowling	8 Public Holiday	9 Movie Night: Werribee	10 Healthy Connections	11	12 Dinner & Bowling AFL game	13 Train Trippers
14 Super Sunday Bowling	15 Creative Crew	16 Movie Night: Highpoint	17 Healthy Connections	18	19 Dinner & Bowling	20 Aura Night Show
21 Super Sunday Bowling	22 Creative Crew	23 Movie Night: Werribee	24 Healthy Connections	25	26 Dinner & Bowling	27 Train Trippers
28 Super Sunday Bowling	29	30				

Gateways Recreation Programs and Activities

July




SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3 Pub 'n' music	4



Get in touch today!



Scan the QR code or contact us to learn more or to express your interest!

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