



Dementia/Frail Aged Individual Support

Supporting connections

Gateways Individual Support Services help maintain valuable and meaningful social support for people aged over 65 years who are frail aged or have dementia.

Through a range of in-home and community-based services and recreation activities, our highly trained support staff are carefully matched with seniors to reduce feelings of isolation and loneliness.

This service is funded through the Commonwealth Home Support Program (CHSP) and operates across the Geelong and western Melbourne regions.

Program aims

- Supports the primary caregiver by providing respite so they can continue to care for their loved one who is frail aged or has dementia,
- Provides a package of social support hours based on each individual's needs,
- Provides meaningful leisure and social activities at home or in the community,
- Develops social connection and companionship.

Prime Movers small group recreation

Prime Movers brings small groups of people together to enjoy a range of activities and excursions. Through a regular program of events, Prime Movers provides opportunities for people who are frail aged or have dementia to participate in meaningful leisure and social activities.

Groups of up to 6 participants and 2 support staff enjoy day trips, coastal drives, museum visits, vintage shopping and more – often bringing forth treasured memories.

An activity fee of \$20-\$30 is charged for each activity. There is no charge for support staff or transport.

These programs are funded by the Department of Social Services through the Commonwealth Home Support Program.

Who is eligible?

Families caring for a person aged 65 years or more, (50 years or more for Aboriginal and Torres Strait Islanders) who is frail aged are eligible for referral to CHSP through My Aged Care.

An allocation of hours will be provided to eligible families each year. Five hours a week are allocated, with families given the flexibility to choose when these hours are used. A government subsidised hourly fee is charged for this type of service.

Gateways Support Services then works in consultation with each family to develop a personalised individual support plan that ensures the services the participant receives address their needs.

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