

YOU CHOOSE!
You can register for
**both activities on
the day or just
choose one**

Gateways Holidays Online

Adults 18+



BE CREATIVE



BE CURIOUS



BE PHYSICAL



BE INDEPENDENT

SEPTEMBER - OCTOBER HOLIDAYS 2021

MONDAY 20 SEPTEMBER



ART, CRAFT & MINDFUL COLOURING

9.30am-12.30pm | Cost: \$20 for activity pack

LUNCH

12.30-1.00pm



VIRTUAL TOURS & ESCAPE ROOMS

1.00-4.00pm | Cost: FREE

TUESDAY 21 SEPTEMBER



GAMING

9.30am-12.30pm | Cost: FREE

LUNCH

12.30-1.00pm



MOVIE CLUB

1.00-4.00pm | Cost: FREE

THURSDAY 23 SEPTEMBER



ART, CRAFT & MINDFUL COLOURING

3.00-6.00pm | Cost: \$20 for activity pack

DINNER

6.00-6.30pm



BINGO & TRIVIA

6.30-9.30pm | Cost: FREE

WEDNESDAY 29 SEPTEMBER



COOKING

3.00-6.00pm | Cost: \$5

DINNER | Eat what you cooked!

6.00-6.30pm



GATEWAYS HAS TALENT

6.30-9.30pm | Cost: FREE

FRIDAY 1 OCTOBER



ZUMBA PLUS

3.00-6.00pm | Cost: \$15

DINNER

6.00-6.30pm



DISCO & KARAOKE

6.30-9.30pm | Cost: FREE

**Want to join another person
for some outdoor exercise
as a 'Bubble Buddy'?**
Let us know and we can
organise this for you.

NEED HELP GETTING SET UP FOR ONLINE ACTIVITIES?
We can help you to do this, over the phone or in person.

**WANT 1:1
SUPPORT FOR
YOUR ACTIVITY?
Let us know and
we can organise
this for you**

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ABOUT THE ACTIVITIES

ACTIVITY	WHAT TO EXPECT
ART, CRAFT & MINDFUL COLOURING	Create some works of art or enjoy a relaxing colouring session with your friends. <i>Your activity pack will be dropped off to your house before the session.</i>
BINGO & TRIVIA	Enjoy a fun night challenging your friends. <i>A prize will be posted to the winner after the session.</i>
COOKING	Create culinary masterpieces in your own home under the expert guidance of our staff. <i>Recipes will be emailed the week before and 1:1 support is available for help with shopping, if required.</i>
DISCO & KARAOKE	Party online with your friends and belt out a few of your favourite tunes.
GAMING	Get together with friends to play some fun and interactive online games.
GATEWAYS HAS TALENT	Showcase a special skill, dance routine or song, in this ever popular talent show. <i>A prize will be posted to the winner after the session.</i>
MOVIE CLUB	Get together for a Netflix Party movie, then jump on to Zoom to share your thoughts in a group discussion.
VIRTUAL TOURS & ESCAPE ROOMS	Have a chance to explore other places without leaving home, then join your friends to solve puzzles and escape the room.
ZUMBA PLUS	Enjoy a fun Zumba lesson and other physical activities, learn tips to stay healthy and become more mindful.

For all enquiries and registrations please contact our **Western Melbourne office** at recreationwm@gateways.com.au or **9396 1111**