

Get NDIS ready

Our top tips on preparing for the NDIS



Start preparing today

Start taking notes on things such as:

- What extra things you do for your child because of their disability?
- What can't you do because of your child's disability?
- What extra costs do you have because of disability?
- What equipment do you use / need?
- What services are you already using?



Research

Talk to other families, online groups, professionals, service providers about what you should ask for. Check with your current service provider about what you need to ask for to continue receiving supports.



Be organised

Submit paperwork early. Have documentation ready for when you are contacted.



Support

Think about the help that you need to continue to work or study. What support do you need to help maintain relationships in your life eg partner or other children?

Take a support person with you to your planning meeting. If you prefer a face to face meeting rather than a phone meeting insist on arranging this.



Goals

Try to have goals that will support your requests: for example

- I would like to be able to communicate with those in my life = Speech
- I would like my child to increase his independence in all areas of his life = OT



Think before you speak

Take your time in answering questions. Think about your answer before you give it and if you don't feel comfortable answering the question let them know that you will get back to them.



Helpful websites

- www.acd.org.au – planning workbook
- www.ndis4kids.org.au
- www.everyaustraliancounts.com.au
- www.pep-talk.org.au -safety
- www.ndis.gov.au
- www.ndisrights.org.au