Prime Movers - Geelong

Term 3, 2021

Gateways Support Services Prime Movers is a recreation and social program supporting people who are frail aged or have dementia. The group enjoys time together while touring Geelong and beyond.

- GROUP-BASED SOCIAL ACTIVITIES
- WEDNESDAYS DURING TERM
- EXPLORE NEW PLACES
- REVISIT OLD FAVOURITES
- PICK-UP AND DROP-OFF INCLUDED

^Support costs are charged from your CHSP funding and are separate to activity costs.

Our bus will pick you up up between 9-10am and drop you home in central Geelong or Gateways by 5pm.

COVID-19 RESTRICTIONS AND PLANNING

Our programs will be adapted in line with any restrictions in place at time of running. Safety is our first priority.

COVID-19 hygiene practices

To enable us to adhere to COVID-19 hygiene requirements, the following activities will only be appropriate for people who are able to understand social distancing and hygiene practices, or follow instructions from staff. Gateways will provide all necessary equipment to support this and activities will be modified to ensure risks are being managed.

Prime Movers - Term 3, 2021 programs

If you would like to join in on any activity, please contact Kate Halse at Gateways Support Services on 5292 9200 or email respite@gateways.com.au

WAURN PONDS
Readings Cinema

Enjoy a film at Readings Cinema followed by lunch at the food court. Movie TBC.

Time 9am-5pm (see note for pick-up and drop off times)
Dates 14 July
Cost $30*
Lunch Provided by Gateways –Food court lunch

BACCHUS MARSH
Bacchus Marsh Trip

Spend a day in Bacchus Marsh exploring the shops and visiting a Café.

Time 9am-5pm (see note for pick-up and drop off times)
Dates 21 July
Cost $25*
Lunch Provided by Gateways - Café lunch

GEELONG
Geelong Art Gallery/ Library & Café

Enjoy a relaxing day in Geelong, visiting the Art Gallery, library and a local café.

Time 9am-5pm (see note for pick-up and drop off times)
Dates 28 July
Cost $25*
Lunch Provided by Gateways - Café lunch

www.gateways.com.au

Prime Movers - Term 3, 2021 programs

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LITTLE RIVER
Little River, You Yangs & Surrounds

Enjoy time explorin the natural wonders of the Little River, You Yangs and surrounding areas.

Time 9am-5pm (see note for pick-up and drop off times)
Dates 4 August
Cost $25*
Lunch Provided by Gateways - Café lunch

GEELONG
Sir Charles Darling Hotel & Drive

A country drive and lunch with friends at one of Geelong's most popular family run bistro pubs makes for a great day out.

Time 9am-5pm (see note for pick-up and drop off times)
Dates 11 August
Cost $30*
Lunch Provided by Gateways - Pub meal

DAYLESFORD
Daylesford Lake & Surrounds

Relax at the beautiful lake at Daylesford and explore the surrounding areas.

Time 9am-5pm (see note for pick-up and drop off times)
Dates 18 August
Cost $25*
Lunch Provided by Gateways - Café lunch

MEDICATION

If you require staff to assist with any medications during activities, medications must be provided in a webster pack as shown.

*Support costs are charged from your CHSP funding and are separate to activity costs.

If you would like to join in on any activity, please contact Kate Halse at Gateways Support Services on 5292 9200 or email respite@gateways.com.au

GEELONG
Elton John Show at the Sphinx Hotel

Catch the spectaular Morning Melodies show 'Elton and Olivia Forever' at the iconic Sphinx Hotel in Geelong.

Time 9am-5pm (see note for pick-up and drop off times)
Dates 25 August
Cost $35*
Lunch Provided by Gateways - Morning tea, lunch & show

BALLARAT
Ballarat Day Trip

Spend the day exploring Ballarat, including lunch at the Beechworth Bakery.

Time 9am-5pm (see note for pick-up and drop off times)
Dates 1 September
Cost $25*
Lunch Provided by Gateways - Beechworth Bakery lunch

GEELONG
Op Shop Tour & Bear & Scoobs Lunch

See what treasures you might find on this local Op Shop tour, along with lunch at Gateways' in-house café Bear & Scoobs.

Time 9am-5pm (see note for pick-up and drop off times)
Dates 8 September
Cost $25*
Lunch Provided by Gateways - Café lunch

BELLARINE PENINSULA
Saint Leonards & surrounds

Spend the day discovering historic seaside villages and breathtaking natural beauty in the Bellarine Peninsula.

Time 9am-5pm (see note for pick-up and drop off times)
Dates 15 September
Cost $25*
Lunch Provided by Gateways - Salty Cow Café

How To Join Our Prime Movers Programs

There are 2 ways you can choose to express your interest & book a seat on the bus:

1. Email Prime Movers coordinator, Kate at respite@gateways.com.au,
2. Phone Kate on on 03 5292 9200 and select your activities over the phone.

Please note: Covid- 19 restrictions only allow for a maximum of five participants to attend Prime Movers program each week during Term 3. Get your requests in quickly to avoid disappointment!

If you would like to access our Prime Movers programs but are not currently registered with Gateways Support Services, an eligibility and intake process may apply. Referrals are to be made through the Federal Government's MY Aged Care portal. www.myagedcare.gov.au

Gateways Support Services programs for people who are frail aged or have demntia are funded by the Department of Social Services through the Commonwealth Home Support Program. If you receive a Home Care Package, please advise the office.
Payment: You will be sent an invoice at the end of each month for the sessions attended.

Gateways Support Services is an NDIS registered and quality accredited provider of programs and services supporting people with autism, intellectual disabilities and complex behaviours and their families. In Geelong, our services include therapy, recreation, individual support and respite, plan management, support coordination, supported accommodation, positive behaviour support and parent support.

Contact your nearest office to find out how we can help.

Registered NDIS Provider

Gateways is NDIS registered and quality–accredited disability service provider, specialising in supporting people with autism, intellectual disability and complex behaviours and their families.

Gateways Community PLACE
12-14 Thompson Rd, North Geelong,
VIC 3215
(03) 5221 2984

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